

Activities - Unit 1 2024

For Unit 1 Activities the following dates are important:

Monday 13 November:	Online ballot opens 4.00pm Students emailed login details
Thursday 16 November:	Initial online ballot closes at 10.30am
Friday 17 November:	Restricted balloting closes at 10.30am
Unit 1 Dates:	February 7, 9, 12, 16, 19, 21, 23, 26 March 1, 15 (Exact dates to be confirmed)

Students who do not complete an initial online ballot (by 10.30am 16 November), will have to complete a restricted online ballot. This will mean that students will have reduced choices or may need to complete a further restricted ballot if most of the Activities are full. **Students who do not complete a ballot after the final date will be placed into an Activity. Please choose carefully as you can be placed into any of your six selections.**

To Students in Years 7 - 10

An outline of each Activity is given in the following pages. You should read the details carefully, be aware of any special requirements such as cost, equipment or materials and discuss your choice with your parents. If you need more information, you should contact the teacher in charge of the Activity, or the Head of Activities, Mr Azzopardi. When you ballot for an Activity, you must be prepared to accept the Activity of your choice. **Please choose carefully as you can be placed into any of your six selections.**

To Parents

Some Activities may incur a cost (\$) where individual coaching or special equipment is required. Costs are shown within this pamphlet and will be charged to the term's account. If your child undertakes an Activity where there is a cost, you will be notified via Operoo.

Reminders

Over the school year you are encouraged to select Activities from a minimum of **three** of the following categories: Academic Enrichment/Challenge; Visual and Performing Arts; Sport and Physical Development; Health, Lifestyle and Practical Skills; Technology and ICT; Community Partnerships.

Practical Activities and Sunsmart

In sporting Activities you will need your **sports uniform and appropriate footwear**. Students involved in outdoor activities need to supply their own **hat and sunscreen**. Sunscreen is also available in each Homestead, the Sustainability Centre, with staff at outdoor venues and at the Gym in case you forget. Students must wear clothing that covers their shoulders, e.g. Woodleigh Polo Sports Shirt.

Non-Participants

Students attending Non-Participants complete written tasks (no ICT), quiet reading, or undertake school service around the school. If you miss your bus you must go to the non-participants room. If you forget your gear or have a minor injury, please discuss staying in your Activity and assisting with the teacher in charge. If you are ill or injured and unable to take part in your Activity, you must bring a note of explanation for the teacher in charge of the Activity. If you become ill during the day you must report to the Nurse for assessment prior to attending Non-Participants.

Activities Leaving School Grounds

Some Activities may run during lunchtime, particularly those where students are leaving the school. Students need to consider this when balloting and be aware that they may need to take and eat their lunch on the journey from school or back to school.

Additional Health and Safety Information

The health and safety of all in our community remains foremost in our planning. We are establishing ongoing protocols to ensure the safety of our community. For this reason some of our Activities will be adapted to provide reasonable precautions and a safe learning environment over the Unit. All Activities will abide by Government regulations.

Important Notes for Adventure-Based Activities (as indicated by a ★). Some Activities are regarded as adventured-based. **Being involved may have an increased element of risk and the possibility of injury, both of a minor and serious nature.** It is important that both students and parents are aware of this fact. It is also important that you have an understanding of the nature of the Activity, if you have any questions in regard to a specific Activity please contact the teacher in charge of the Activity or the Head of Activities, Mr Azzopardi. If a student undertakes an adventure-based Activity, they may need approval from a parent via Operoo.

Academic Enrichment / Challenge

★\$ Aviation (Pre-book Yrs 8-11)

Mr Scott

Students wishing to either start or continue with their training can ballot for the Aviation Activity. **Before balloting, please contact Mr Scott (mscott@woodleigh.vic.edu.au) for more information.** New students are welcome as are students who have already started and wish to advance to the next stage of training. Basic Aeronautical theory taught during this unit will depend on group needs. Practical flying lessons will be tailored to the individual. Transport via Budget Rosa Bus or Woodleigh HiAce Van driven by a Woodleigh School staff member or via Driver Coastal Bus Lines. **Cost: Costs associated with this Activity depend on the number of flying hours.**

Debating & Public Speaking (Yrs 7-11)

Ms Pope

This Activity is for students interested in DAV and SIS debating and public speaking. Sessions will be dedicated to practising and enhancing students' skills, as well as preparing for after-school DAV competitions.

Film Appreciation (Yrs 7-9)

Ms Ogier

Ignite a passion for the art of filmmaking with our sessions on Film Appreciation. Delve into the captivating world of movies and explore the techniques, history, and storytelling magic that bring films to life!

In these interactive sessions, students will unravel the secrets behind their favourite movies, learning to decipher the hidden elements that make a film a masterpiece. From classic cinema to modern blockbusters, students will gain a deeper understanding of cinematography, directing, editing, and the power of visual storytelling.

Students will be guided through thought-provoking discussions, screenings of iconic films, and engaging Activities that foster critical thinking and creativity. Students will not only watch movies but will also learn how to analyse and appreciate them on a whole new level.

Some films may have M ratings and will require permission from parents before they can be viewed. In addition, a judgment may have to be made about what we can watch based on the range of ages in the group.

Hattah Preparation - Compulsory for All Year 10 Students (Yr 10 Only)

Mr Peach

In the lead up to the Hattah Camp at the end of Term 1, students in Year 10 will complete a range of camp related tasks to aid in their preparation. Sessions will be held on navigation skills, safety, gear and food requirements and options. Hattah Preparation will run for Unit 1 Activities throughout Term 1. All Year 10 students will automatically be placed into this Activity and there is no need to ballot.

International Politics & Current Affairs (Yrs 8-11)

Mr Neumann

Is the world going to do anything about global warming? Will Trump run for president in 2024? Will Biden? Do you want to understand the war in Ukraine? Curious about the Middle East, the War in Syria and the Israel-Gaza conflict? Did the Russians hack the 2016 elections to help Trump? Who is Putin anyway? Will the relationship between Australia and China improve? Will China invade Taiwan Culture Wars? Gamergate? Ben Shapiro? Contrapoints? Feminism? Who is going to win the next Australian elections and what do they stand for? Who are 4chan? No topic is too controversial, nothing is off limits. We will discuss, watch videos and read articles about these and any other national and/or international current affairs and anything that is on the news.

Japanese Anime, Art and Culture (Yrs 7-9)

Dr Norris

Come and join in this cultural experience where you will be transported to the mysterious world of Gion in Kyoto and experience some of the Geisha arts from times past such as Calligraphy and Origami. Spend time making warding masks for Tanjiro, enjoy some delicious Ponyo noodles and learn to draw manga just like the master Oda. In addition, for one of the sessions there may be the opportunity to visit Robinson's Bookshop in Frankston. Transport via Budget Rosa Bus driven by a Woodleigh Staff Member or via Driver Coastal Bus Lines

Sleek Geeks Science Video Comp (Yrs 7-11) Ms Nemkevich
Sleek Geeks competition is run by the Australian Museum and sponsored by the University of Sydney. It encourages students to explain a scientific concept or question in a short video that is entertaining and accessible to general public. A range of creative media may be used. Videos can be produced by individuals or teams of no more than 6 students. The theme of 2024 is Energy, and it is open to interpretation. What do you think of when you hear the word “energy”? In this Activity you will be given an opportunity to demonstrate your passion for science and your creative flair by producing a video to be entered in the Sleek Geeks competition. There is YouTube-wide fame and monetary prizes to be won.

Visual & Performing Arts

Botanical Lino Printing (Yrs 7-9) Ms Norman
In the Botanical Lino Printing Activity we will be taking inspiration from the flora around us and looking at the block prints of artists such as Margaret Preston and Thea Proctor. In response, we will create our own beautiful botanical art reduction lino cut prints.

Creative Candelabras (Yrs 7-11) Leike
Candelabra making! A candelabra is a candle holder with multiple arms. Have you seen one before? Come and make an ancient looking candle holder or a modern cartoony one! If you like designing and making things with your hands (and fire) you will love this. We will use polymer clay, pottery clay, air dry clay, paint and unconventional materials. Come and join in for this casual creative circle of makers, music on, relaxing vibes and flames.

Graphic Recording (Yrs 9-11) Ms Cleine
Have you heard of the unessay? Creating responses that move beyond traditional papers or assignments? This Activity will give you the skills to confidently create a visual diary, annotate ideas and work through visual exploration. Graphic Recording is expressing what you see through drawing, exploring iconography and building your Copic marker and watercolour techniques. Improve your visual diary outcomes through learning ways to visually record what you want to communicate to a viewer. A problem solving, creative thinking and challenging Activity for those who would like to create interesting visual responses and ideas.

\$ Japanese Mecha Model Making (Yrs 7-11) Mr Au
This Activity is for anyone that loves model making! Learn how to put together Gundam and other Japanese scale model kits using a variety of skills and finishing techniques. Gundam model making is a popular hobby in Japan and can be enjoyed by new and experienced model makers.

Parents please note: There is a cost for this Activity for the model kits.

Cost: \$20

Junior Production (Yrs 7-9) Mr Barnes & Ms Turner
Come along and partake in Woodleigh School’s Junior Production. Across 2 units we will work with a script to put on a show to perform to a young audience. There are plenty of opportunities to sing, act and dance. If this sounds like something that would interest you, come down and audition for the Junior School Production.

★ Making Sterling Silver Rings (Yrs 7-11) Mr Butler
During this unit students will get the opportunity to make at least two sterling silver rings, using a variety of silversmithing techniques, tools and processes. Students will be able to customise their products to suit their own personal style, while exploring at least two different methods of fabricating jewellery using precious metals.

Reserve Construction (Yrs 7-11) Mr Colcott
Here is one for the nature lovers who would like to learn a bit about construction. Blending the areas of conservation and construction, The Reserve construction Activity group, plan to spend their time in both the Reserve and Product Design Shed.

During this Activity we will:

- Complete the boardwalk that has been started in the Reserve
- Build some bridges and install them over stream crossings in the Reserve
- Help with housekeeping and maintenance in the Reserve and maintenance sheds
- Work with Doc to produce a plan and a timeline for the future of construction jobs in the Reserve

Theatre Making Activity (Yrs 9-11) Ms Saunders
Wanted... designers, film makers, costume creators, prop collectors, media advertisers....

In this Activity you will be involved in all things off stage.

- Poster design
- Media Marketing
- Costume creating/making/sourcing.
- Prop Listing/collecting
- Set design and painting
- Film making for footage used in the performance

This is a chance for a small crew of creative people to work on this year’s School Production- Cosi.

Sport & Physical Development

★ Beach Games and Fitness (Yrs 7-8) Mr Paxino
Come and be involved in fun beach games like cricket, soccer and volleyball. Sessions will take place at the Olivers Hill end of Frankston Beach. This Activity is available to all students regardless of ability. Students must have their sports gear and runners for every session. All sessions will be based on the sand. Transport will be via Driver Coastal or a Budget Rosa Bus driven by a Woodleigh School staff member. **Sunsmart applies.**

★\$ Golf (Yrs 8-11) Mr Higgins
During the sessions, you will improve your golf and develop your interest and skills further. The Activity will cater for novices to intermediate players with sessions being held with a Professional at Centenary Park Golf Club in Frankston or Ranfurly Golf Club and Driving Range in Cranbourne. Golf clubs and balls are provided; however, students should supply their own hat, glove and wear suitable footwear. Transport via Budget Rosa Bus or Woodleigh HiAce Van driven by a Woodleigh Staff Member or via Driver Coastal Bus Lines.

Parents please note: There is a cost for this Activity which covers transport and instruction from external professionals. This Activity has some element of risk, please refer to the front section of this pamphlet for more information. Sunsmart applies.

Cost: \$50

★\$ Indoor Climbing (Yrs 7-9)
In this Activity we will be climbing at the Bayside Rock Indoor Climbing and Adventure Centre in Carrum Downs. This is great chance to try out rock climbing. Transport via Budget Rosa Bus driven by a Woodleigh Staff Member or Driver Coastal Bus Lines.

Parents please note: Rockclimbing is an adventure-based activity and has an increased element of risk and therefore the possibility of injury associated with being involved. Students will be involved in climbing a range of indoor rock faces at the centre whilst being belayed by other students. There is a cost associated with this Activity. The cost covers transport, hire of facility, use of safety gear and qualified instructors.

Cost: \$60

Net and Ball Games (Yrs 7-9)
During this Activity you will get the chance to participate in a wide range of sports. This may include basketball, volleyball, netball, soccer, badminton and many more. Sports will be played in the Woodleigh Gym or at Somerville Recreation Centre. Group interaction, team and individual competitions and challenges will be the order of the day. Transport via Budget Rosa Bus or via Driver Coastal Bus Lines. Students must have their sports gear and runners for every session.

★ SIS Swim Squad Training (Yrs 7-11) Mr Radley
All Years 7-11 students interested in representing Woodleigh at the SIS Swimming Carnival, which takes place at MSAC, must do this Activity in order to be considered for selection in the SIS team. Training will take place at Core24 Health and Fitness in Somerville or PARC in Frankston. This is a great opportunity to build your fitness and to prepare for the SIS Swimming Carnival and also the SIS Swim Relay Carnival which takes place at Pines Aquatic Centre. Transport via Driver Coastal Bus Lines or a Budget Rosa Bus driven by a Woodleigh School staff member.

Parents please note: This Activity has some element of risk being water based, please refer to the front section of this pamphlet for more information.

Sport & Physical Development

★\$ Snorkel Diver (Yr 7 Only)

Mr Benton

Escape to a different world and experience a connection with nature. This Activity is full of tips and advice to help make snorkelling easier and more fun. Initial basic skills will be undertaken in the swimming pool at Core24 Health and Fitness in Somerville or PARC Frankston. You will learn about the equipment, surface techniques, the skills needed to snorkel underwater as well as the main safety aspects. Open water snorkel sessions will be conducted at a variety of locations around Mornington which may include Mornington Pier, Schnapper Point and Fishermans Beach depending on weather conditions. Students will be provided with a wetsuit and snorkel gear and will be required to change at the outdoor location. Transport via Budget Rosa Bus driven by a Woodleigh Staff Member or Driver Coastal Bus Lines.

Parents please note: This is a water-based Activity and therefore has some element of risk. Please refer to the front page of this pamphlet for more information.

Tennis (Yrs 7-9)

Mr Andy Scott

During this Activity you will be coached by a local professional tennis coach. Experienced and inexperienced players are welcome. You will develop your skills, rotate through a round robin series of matches and just play for fun. The following is essential: sports gear, flat soled sports shoes and hat. A tennis racquet can be provided. **Sunsmart applies.**

Health, Lifestyle & Practical Skills

Beginners Sewing Course - Sew A Bag (Yrs 8-9)

Ms Somkiat

If you have always wanted to learn how to sew using a sewing machine, then this course is a must do. You will sew your own bag while learning how to thread a machine and wind bobbins, straight sewing, use of the stitches on the machine. Machine safety, use of pins and scissors. Cut out, pin and sew a simple lined shoulder bag. No sewing knowledge needed.

Circus Skills (Yrs 7-9)

Ms Ogier

This may be your first big chance to learn how to juggle, balance and even ride a unicycle. Balloon Modelling, Devil Sticks, Diablo and other Activities will also be included. Sessions will take place at Woodleigh and most Activities will be held outside. **Sunsmart applies.**

Indian Street Food: Chai and Chaat! (Yrs 9-11)

Ms Kentish

Do you want to know more about authentic Indian street food? Would you like a glimpse into the gastronomic delights on the streets of New Delhi? During this Activity you will learn to make chai (traditional Indian tea) and chaat (snacks) from the Northern part of India. This Activity is for the adventurous eater who loves a bit of spice!

★\$ Mixed Martial Arts (Yrs 7-9)

Mr Ryan

This is a great chance to be introduced to Mixed Martial Arts. A variety of different techniques will be demonstrated, and participants will then go on to practice and refine these skills working with a partner. Sessions will be highly active, so if you have lots of energy this is the Activity for you. Parents should note that this Activity is conducted by instructors from Pro Fitness MMA at their purpose-built venue in Frankston. Transport via Budget Rosa Bus driven by a Woodleigh Staff Member or Driver Coastal Bus Lines.

Note: We strongly advise that students involved in this Activity should use a mouthguard as the potential for dental injury is reduced if an individually fitted mouthguard is worn. Parents please note: there is a cost associated with this Activity. The cost covers transport and instruction from Pro Fitness MMA.

Cost: \$60

Yoga, Pilates and Basic Meditation (Yrs 7-11)

Ms Smallacombe

This Activity will focus on postures, breathing, relaxation, movements and stretching whilst aiming to develop an awareness of the mind-body connection. You will have the opportunity to relax using self-chosen imagery, music and or muscle tensing. During the sessions we will explore other means of relaxation and mindfulness to enhance our wellbeing. Classes will be taken by a qualified Yoga teacher and Woodleigh staff member.

ICT - Technology

Making Music with Technology (Yrs 7-9)

Mr Geisler

Do you have a love for music? Have you ever wanted to make your own instrumental song? You don't need to be a trained musician to produce great music – you just need a keen ear and a love for rhythm and sounds. This is a unit for curious music lovers – you don't need to be confident playing an instrument and you definitely don't need to sing. We will explore how to use the entry-level software (such as GarageBand) as a tool to craft songs from start to finish. We will build beats from scratch, play with synthesisers, tinker with virtual instruments and explore effects such as delay, reverb and distortion. All styles of music are welcome! Come along and explore the wonderful world of digital music, you are only limited by your imagination. Final songs will be published on SoundCloud so you can show off your new skills.

Theatre Technology (Yrs 7-9)

Mr Bingham

Are you interested in learning the skills to be able to operate the various technical elements found within the entertainment industry? Join this Activity and you will discover what all the faders and dials on an audio console do, how the lights at a stadium concert work, or how to design and project image and animation for stadium screens. We will be running from the basic operations level and developing skills from there. Come and be creative with us and immerse yourself in the world of backstage theatre production.

Woodleigh Esports Team (Yrs 8-9)

Mr Donaldson

This Activity will be focused on training the Woodleigh Esports Team to participate in the FUSE Cup school competition in 2024. Teammates will practice the skills essential to success in Mario Kart, Rocket League, and/or Super Smash Bros. You will also record and review gameplay footage to improve techniques, commentate matches, hone expert techniques, and participate in exercises to help maintain positive mindsets, respectful competitiveness, and healthy approaches to gaming.

Note: Participation in this Activity will require an ongoing commitment to the Woodleigh Esports Team throughout 2024. Spaces are limited.

Anyone interested in joining the team must complete the following survey (if they haven't done so already) prior to the closing of the Unit 1 ballot: [Woodleigh Esports Team Survey](#)

Community Partnerships

Brian Henderson Reserve (Yrs 7-11)

Dr Simpson

Are you interested in wildlife and the environment? Do you like being in the great outdoors? In this Activity you will support the day-to-day management of the Brian Henderson Reserve. You might feed the animals, contribute to enclosure set-up and maintenance, remove weeds, assist with pest animal control, plant new plants, collect bush foods, prepare animal meals, perform biodiversity surveys and carry out fence and track maintenance. We have started a new boardwalk in the East – plenty of building to be done. Some tasks may also be performed outside the boundaries of the Reserve. If the weather is too hot/cold, we meet in the Science building and can tend to the animals kept there.

Closed-toe sturdy shoes and long pants required. Water bottle recommended. Sunsmart applies.

The Woodleigh Farm (Yrs 7-11)

Ms Janky

This Activity unit will be spent around the Woodleigh Farm. There will be many different tasks to be performed and lots of new skills to learn, from general animal husbandry through to training different animals including Seiba on the dog agility course. We will look at the animals we may want to breed and show, establish new vegetable patches, gardens and other spaces around the farm and develop any other ideas students may have.

Closed-toe sturdy shoes and long pants required. Sunsmart applies.