

# Activities - Unit 2 2024

*For Unit 2 the following dates are important:*

- Wednesday 21 February:** Online ballot opens  
Students emailed login details
- Monday 26 February:** Initial online ballot closes at 10.30am
- Tuesday 27 February:** Restricted online balloting closes at 10.30am
- Unit 2 Dates:** April 22, 24, 26, 29  
May 3, 6, 8, 10, 13, 17

Students who do not complete an initial online ballot (by 10.30am February 26), will have to complete a restricted online ballot. This will mean that students will have reduced choices or may need to complete a further restricted paper ballot if most of the Activities are full. **Students who do not complete a ballot after the final date will be placed into an Activity. Please choose carefully as you can be placed into any of your six selections.**

## To Students in Years 7 - 10

An outline of each Activity is given in the following pages. You should read the details carefully, be aware of any special requirements such as cost, equipment or materials and discuss your choice with your parents. If you need more information, you should contact the teacher in charge of the Activity, or the Head of Activities, Mr Azzopardi. When you ballot for an Activity, you must be prepared to accept the Activity of your choice. **Please choose carefully as you can be placed into any of your six selections.**

## To Parents

Some Activities may incur a cost (\$) where individual coaching or special equipment is required. Costs are shown within this pamphlet and will be charged to the term's account. If your child undertakes an Activity where there is a cost, you will be notified via Operoo.

## Reminders

Over the school year you are encouraged to select Activities from a minimum of **three** of the following categories: Academic Enrichment/Challenge; Leadership; Visual and Performing Arts; Sport and Physical Development; Health, Lifestyle and Practical Skills; Technology and ICT; Community Partnerships.

## Practical Activities and Sunsmart

In sporting Activities you will need your **sports uniform and appropriate footwear**. Students involved in outdoor Activities need to supply their own **hat and sunscreen**. Sunscreen is also available in each Homestead, the Sustainability Centre, with staff at outdoor venues and at the Gym in case you forget. Students must wear clothing that covers their shoulders, e.g. Woodleigh Polo Sports Shirt.

## Non-Participants

Students attending Non-Participants complete written tasks (no ICT), quiet reading, or undertake school service around the school. If you miss your bus you must go to the non-participants room. If you forget your gear or have a minor injury, please discuss staying in your Activity and assisting with the teacher in charge. If you are ill or injured and unable to take part in your Activity, you must bring a note of explanation for the teacher in charge of the Activity. If you become ill during the day you must report to the Nurse for assessment prior to attending Non-Participants.

## Activities Leaving School Grounds

Some Activities may run during lunchtime, particularly those where students are leaving the school. Students need to consider this when balloting and be aware that they may need to take and eat their lunch on the journey from school or back to school.

## Additional Health and Safety Information

The health and safety of all in our community remains foremost in our planning. We are establishing ongoing protocols to ensure the physical safety of our community. For this reason some of our Activities will be adapted to provide reasonable precautions and a safe learning environment over the Unit. All Activities will abide by Government regulations.

## Important Notes for Adventure-Based Activities (as indicated by a ★)

Some Activities are regarded as adventure-based. **Being involved may have some higher elements of risk and the possibility of injury, both of a minor and serious nature.** It is important that both students and parents are aware of this fact. It is also important that you have an understanding of the nature of the Activity, if you have any questions in regard to a specific Activity please contact the teacher in charge of the Activity or the Head of Activities, Mr Azzopardi. If a student undertakes an adventure-based Activity, they may need approval from a parent via Operoo.

## Academic Enrichment

### Art & Science (Yrs 7-10)

What do Art and Science have in common? A lot, actually! Some science experiments look a lot like art and there's a lot of science in some art practices and materials. In this Activity, we'll explore a bit of both, merging creativity with curiosity. Join us for cool and relaxed practical sessions blending the magical worlds of Art and Science!

### ★\$ Aviation (Pre-Book Yrs 8-11)

Students wishing to either start or continue with their training can ballot for this unit. Please contact Mr Scott (mScott@woodleigh.vic.edu.au) before balloting for more information. Basic Aeronautical theory taught during this unit will depend on group needs. Practical flying lessons will be tailored to the individual. Transport via Budget Rosa Bus or Woodleigh HiAce Van driven by a Woodleigh School staff member or via Driver Coastal Bus Lines. **Please note: This Activity has an increased element of risk. Please refer to the front page of this pamphlet for more information.**  
**Cost: Costs associated with this Activity depend on the number of flying hours.**

Ms Nemkevich

### Barista (Yrs 10-11)

Learn the art of making espresso-based coffee using the school barista machine. Some sessions you may get instruction from a qualified barista to gain the skills to make the perfect latte. There may be the opportunity to visit some local cafés to further develop your understanding of what it takes to be a barista. If you are looking for that extra challenge, then this is the Activity for you. Transport via Budget Rosa Bus driven by a Woodleigh School staff member or via Driver Coastal Bus Lines.

Mr Adams

### da Vinci Decathlon (Yrs 7-8)

An Activity for Year 7 and 8 students, the Da Vinci Decathlon provides extension across a variety of academic areas in an interesting and competitive way. Develop skills in the worlds of Code Breaking, Ideation (a form of philosophy) English, Mathematics, Science, General Knowledge, Art and Poetry, Creative Production and Engineering. The Activity culminates in an intense, interschool gala competition day. All the tasks are both exciting and challenging with particular emphasis placed on higher order thinking. Although a little daunting at the start, everyone who takes part finds this to be a truly rewarding experience. Don't miss this once in a lifetime opportunity to meet and to learn with other like-minded students.

Ms Pope

### French Film Appreciation & Food (Yrs 9-11)

Do you dream of travelling to France and enjoying a croissant as you stroll the streets of Paris, or having a picnic with friends with a baguette and fromage as you sit back and watch a French film? Then this Activity is for you! Combining culinary delights and cinematic experience, we view award winning films from France and other French-speaking countries, getting to know about some of the history of cinema and famous movements like the New Wave. We will spend time discussing the differences around language, geography, society and culture, whilst enjoying traditional home-cooked French delicacies.

Ms Kentish

**Some films may have M ratings and will require permission from parents before they can be viewed. In addition, a judgment may have to be made about what we can watch based on the range of ages in the group.**

### Philosophy In The Changing World (Yrs 9-11)

Join a small group as we set about discussing the big issues of life. This is a rare opportunity to engage in discussion, to question, to debate and to contemplate issues that we face. Is eating animals immoral? Are murderers evil? How can we be happy? Is there a God? Is there life after death? Is Artificial Intelligence possible? Is time travel possible? In what circumstances would you fight in a war? Are all humans equal? No question is too controversial for this Activity. We will also view videos and discuss relevant texts associated with the topic in discussion.

Mr Neumann

### Student Librarians (Yrs 7-9)

Calling all future Student Librarians! Get ready for an adventure in the world of books and knowledge. As a Student Librarian, you'll dive into exciting activities like shelving books, sharing stories, writing reviews, designing displays, and creating social media content. Plus, you'll assist with loans, help peers find resources, and even learn the ins and outs of our catalogue system. Join us for an extraordinary journey of adventure, creativity and endless discovery!

Ms Burnell

## Visual & Performing Arts

### Digital Drawing (CAD) (Yrs 7-11)

Mr Au

Want to learn how to draw digitally but don't know where to start? This Activity introduces you to the basic tools and software for digital drawing. Experience using a drawing tablet and stylus to create a variety of beginner to advanced drawings. Use tools on Photoshop to apply colour, tone, and filters to enhance your artworks. Students experienced in digital drawing are welcome to bring their own devices to create their own artworks.

### Practical Pottery & Tableware (Yrs 7-8)

Ms Cleine

Come and design, make and decorate. Using specialist clay bodies to create a series of hand built forms, your spatial and technical skills will be challenged. It's not easy building bowls and plates, but you will learn techniques and get to experience a variety of textural surface applications. You will be able to test stoneware glazes which you will then apply to your forms.

### Product Design Extension (Yrs 9-11)

Mr Colcott

This Activity is designed for students in year 9, 10 or 11 that are studying Product Design but are planning on building something extra special. Product Design Extension will allow students extra time with a teacher, a larger scope of materials and tools with extra time to work on their product for those looking to be extended in this area. This Activity will require students to self-guide with the support of a teacher. This unit is only available to students studying Product design during Semester 1.

### Production Rehearsal (Yrs 7-9) Mr Barnes, Ms Turner & Ms Fletcher

This is for students participating in the school production. **If you are in the Cast for the production, you MUST ballot for this Activity first.** We will be rehearsing throughout this unit.

### Watercolour Adventures (Yrs 7-10)

Ms Norman

This Activity is for those with an artistic interest. During the sessions, you will learn the basics of creating a painting using watercolour paints. We will explore key techniques and you will get to take home your own paints and finished canvas.

## Sport & Physical Development

### Ball Games Galore (Yrs 7-10)

Ms Davison & Ms Burch

Do you enjoy playing sport and working as a team? Then this is the Activity for you. You will get the chance to participate in a wide range of sports which may include basketball, volleyball, netball, soccer, badminton and many more. Sports will be played in the Woodleigh Gymnasium or on the Soccer Oval. Group interaction, team and individual competitions and challenges will be the order of the day. Students must have their sports gear and runners for every session. **Sunsmart applies.**

### ★ \$ Golf (Yrs 8-11)

Mr Higgins

During the sessions, you will improve your golf and develop your interest and skills further. The Activity will cater for novices to intermediate players with sessions being held with a Professional at Centenary Park Golf Club in Frankston or Ranfurly Golf Club and Driving Range in Cranbourne. Golf clubs and balls are provided; however, students should supply their own hat, glove and wear suitable footwear. Transport via Budget Rosa Bus or Woodleigh HiAce Van driven by a Woodleigh Staff Member or via Driver Coastal Bus Lines. **Sunsmart applies.**

**Parents please note: There is a cost for this Activity which covers transport and instruction from external professionals. This Activity has some element of risk, please refer to the front section of this pamphlet for more information.**

**Cost: \$50**

### ★ \$ Group Fitness for Girls (Yrs 7-10)

Ms Smallacombe

Group Fitness for Girls will take place at Infinite Fitness Peninsula, Cranbourne. IFP have a specialised team of strength and conditioning coaches, that are very passionate about creating a learning space for junior athletes and non-athletes to develop strong habits that will help them excel or simply improve their quality of life. The IFP vision is to educate students to better prepare them for the demands of sport through adolescence.

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**Cost: \$50**

### ★ \$ Indoor Climbing (Yrs 7-9)

Ms Foley & Mr Liu

In this Activity we will be climbing at the Bayside Rock Indoor Climbing and Adventure Centre in Carrum Downs. This is great chance to try out rock climbing. Transport via Budget Rosa Bus driven by a Woodleigh Staff Member or Driver Coastal Bus Lines.

**Parents please note: Rockclimbing is an adventure-based activity and has an increased element of risk and therefore the possibility of injury associated with being involved. Students will be involved in climbing a range of indoor rock faces at the centre whilst being belayed by other students. There is a cost associated with this Activity. The cost covers transport, hire of facility, use of safety gear and qualified instructors.**

**Cost: \$60**

### ★ SIS Cross Country (Yrs 7-11)

Mr Davenport & Mr Angelico

Do you enjoy your running, or do you want to improve your general fitness? During this Activity you will learn how to train and prepare for the many running events throughout the year. Sessions will be at various locations depending on weather, date and type of training. Venues may include school XC course, Frankston Foreshore, Ballam and Baxter Parks, George Pentland Gardens, Langwarrin Fauna and Flora Park, Bunarong Reserve, Jubilee Park and Seaford Foreshore. You will need your running gear, towel, cap, sunscreen and water bottle. Runners of all abilities are encouraged and supported. Transport via Budget Rosa Bus or Driver Coastal Bus Lines. **Please Note: This Activity has some element of risk. Please refer to the front section of this pamphlet for more information. Sunsmart applies.**

### ★ Strength & Conditioning Fitness (Yrs 9-11)

Mr Paxino

If you are interested in working on an individual program to develop muscular endurance, strength and improve your overall muscle tone and fitness then this is the Activity for you. Throughout the unit you will develop your own personal fitness program focusing on your specific needs such as improved sporting performance, rehabilitation or specific fitness components.

**Please Note: This Activity has some element of risk. Please refer to the front section of this pamphlet for more information.**

### Tennis (Yrs 7-10)

Mr Andy Scott

During this Activity you will be coached by a local professional tennis coach. Experienced and inexperienced players are welcome. You will develop your skills, rotate through a round robin series of matches and just play for fun. The following is essential: sports gear, flat soled sports shoes and hat. A tennis racquet can be provided. **Sunsmart applies.**

## Health, Lifestyle & Practical Skills

### ★ \$ Archery and Other Sports (Yrs 7-9)

Learn the skill of Archery from the staff at Eliza Archery, home of 2016 Olympic Medallist and past student, Alec Potts. You will learn the techniques of shooting developed by internationally renowned coach Ki-Sik Lee, who has brought scientific method to archery. All equipment is provided, and you will take part in different archery games and shoot many balloons along the way! Archery will be held on campus on the Woodleigh soccer oval. Some sessions will provide the opportunity to explore other sports such as table tennis and badminton. **Sunsmart applies.**

**Parents please note: There is a cost for this Activity which covers instruction from external professionals. This Activity has an increased element of risk. Please refer to the front section of this pamphlet for more information.**

**Cost: \$50**

### Poetry & High Tea: A Fusion of Words & Flavours (Yr 7-11) Ms Ogier

Embark on a unique journey of literary and culinary exploration with this Poetry & High Tea Activity. This engaging unit invites students to delve into the rich world of poetry, where each piece becomes a portal to a different era, culture, and perspective. Through carefully selected poems spanning various time periods and regions, students will not only read and analyse the verses but also unravel the historical and cultural contexts that inspired these literary masterpieces. There is a culinary twist woven in; as students explore the historical backdrop of each poem, they'll embark on a culinary adventure to recreate simple dishes inspired by the era and cultural nuances. Whether it's crafting Victorian tea-time treats or sampling humble and homely staples, students will be transported through time via their taste buds.

### Rainbow Pride Craftivism Collective (Yrs 7-11)

Leike

In this Activity students will engage in fun discussions about LGBTQIA+ contemporary issues, popular culture, and history. These discussions will be supported by speakers, and is for all students - LGBTQIA+ and ally's.

### Scrapbooking (Yrs 7-10)

You will learn how to use an amazing array of papers and scrapbooking techniques to display your photos, favourite quotes and poems, or simply make a page all about you. We will explore paper craft, tearing, cutting, layering, shadowing pieces with crayons and a lot of other techniques involved in this craft. As preparation, please bring along a photo or a piece that you want to display artistically using the skills you will be taught. Basic calligraphy penmanship will also comprise part of this Activity Unit. All materials will be supplied.

Ms Stuart

### Sew Your Own PJ's (Yrs 8-10)

If you have always wanted to sew your own PJ's, then this Activity is a must do. You will learn how to thread a machine and wind bobbins, straight sewing, use of the stitches on the machine, machine safety, use of pins and scissors. Basic sewing knowledge is required.

Ms Somkiat

### Writer's Workshop & Book Club (Yrs 7-10)

This Activity will be a mix of Creative Writing and Book Club. You will be guided through a series of creative writing exercises, designed to help you find your writing style/voice. We will also spend some sessions talking about and looking deeper into some books that we have read. You can choose a writing project and will have time and space to write, or you can choose a book to delve deeper into. You will be a critical friend to other writers and have one on one feedback sessions. It is a chance for you to have support with your writing process and a space to write as well as a space to share thoughts on what you have been reading. This Activity is perfect for writers and readers of all abilities and experiences.

Ms Watts

### Yoga and Basic Meditation (Yrs 7-11)

This Activity will focus on postures, breathing, relaxation, movements and stretching whilst aiming to develop an awareness of the mind-body connection. You will have the opportunity to relax using self-chosen imagery, music and or muscle tensing. During the sessions we will explore other means of relaxation and mindfulness to enhance our wellbeing. Classes will be taken by a qualified Yoga teacher.

## ICT - Technology

### Make Laser Cut Jewellery (Yrs 7-10)

Learn how to use Adobe Illustrator to bring your jewellery designs with a Woodleigh theme to life! Using the laser cutter, create two and three-dimensional pieces from wood and acrylic. Embellish your work with paint, thread, wire, glitter and more. Design and produce packaging for your unique Woodleigh creations. All creative minds welcome! No previous experience required.

Jesse Eddy

### Photography (Yrs 7-10)

The Woodleigh environment is a wonderful place for artistic photo opportunities. We will cover portraiture (people/animals), landscape, weather time lapse and fast-moving sporting action. You will learn about light, photo composition, examine what makes an excellent photo and how to best enhance your pictures using both camera techniques and computer software. We will start from the very basics and develop your skills in industry standard photo manipulation software programs; Adobe Lightroom and Adobe Photoshop. You will need to supply your own digital camera, ideally an SLR, but a phone is a good fall back. Images may be submitted to some photography competitions.

Mr Benton

### Theatre Technology (Yrs 7-10)

Are you interested in learning the skills to be able to operate the various technical elements found within the entertainment industry? Join this Activity and you will discover what all the faders and dials on an audio console do, how the lights at a stadium concert work, or how to design and project image and animation for stadium screens. We will be running from the basic operations level and developing skills from there. Come and be creative with us and immerse yourself in the world of backstage theatre production.

Mr Bingham

## Community & School Partnerships

### Brian Henderson Reserve (Yrs 7-11)

Are you interested in wildlife and the environment? Do you like being in the great outdoors? In this Activity you will support the day-to-day management of the Brian Henderson Reserve. You might feed the animals, contribute to enclosure set-up and maintenance, remove weeds, assist with pest animal control, plant new plants, collect bush foods, prepare animal meals, perform biodiversity surveys and carry out fence and track maintenance. We have started a new boardwalk in the East – plenty of building to be done. Some tasks may also be performed outside the boundaries of the Reserve. If the weather is too hot/cold, we meet in the Science building and can tend to the animals kept there. **Closed-toe sturdy shoes and long pants required. Water bottle recommended. Sunsmart applies.**

Dr Simpson

### Community Initiatives (Yrs 9-11)

During this Activity you will have the opportunity to make a difference. You can use this time to work on a project of interest to enhance the school and wider community. Discussions **MUST** be had to organise a supervisor and submit a proposal or evidence of previous projects. **See or email Mr Azzopardi to discuss ideas and options before balloting.**

### The Woodleigh Farm (Yrs 7-11)

This Activity unit will be spent around the Woodleigh Farm. There will be many different tasks to be performed and lots of new skills to learn, from general animal husbandry through to looking after different animals. We will look at the animals we may want to breed, establish new vegetable patches, gardens and other spaces around the farm and develop any other ideas students may have. **Closed-toe sturdy shoes and long pants required. Sunsmart applies.**