

Activities - Unit 3 2024

Community Enrichment Unit

When a community is enriched, it is closer to reaching its goals. Students should work together to enrich the community during this unit. A community can be as small as your classroom or as big as the world.

For Unit 3 the following dates are important:

Friday 26 April:	Online ballot opens Students emailed login details
Tuesday 30 April:	Initial online ballot closes at 10.30am
Wednesday 1 May:	Restricted online balloting closes at 10.30am
Unit 3 Dates:	May 20, 22, 24, 27, 31 June 3, 5, 14, 17, 19

Students who do not complete an initial online ballot (by 10.30am April 30), will have to complete a restricted online ballot. This will mean that students will have reduced choices or may need to complete a further restricted paper ballot if most of the Activities are full. **Students who do not complete a ballot after the final date will be placed into an Activity. Please choose carefully as you can be placed into any of your six selections.**

To Students in Years 7 - 11

An outline of each Activity is given in the following pages. You should read the details carefully, be aware of any special requirements such as cost, equipment or materials and discuss your choice with your parents. If you need more information, you should contact the teacher in charge of the Activity, or the Head of Activities, Mr Azzopardi. When you ballot for an Activity, you must be prepared to accept the Activity of your choice. **Please choose carefully as you can be placed into any of your six selections.**

To Parents

Some Activities may incur a cost (\$) where individual coaching or special equipment is required. Costs are shown within this pamphlet and will be charged to the term's account. If your child undertakes an Activity where there is a cost, you will be notified via Operoo.

Reminders

Over the school year you are encouraged to select Activities from a minimum of **three** of the following categories: Community Academia; Visual and Performing Arts in the Community; Physical Awareness; Makers & Wellbeing for Others; Technology for Others; Community & School Awareness.

Practical Activities and Sunsmart

In sporting Activities you will need your **sports uniform and appropriate footwear**. Students involved in outdoor Activities need to supply their own **hat and sunscreen**. Sunscreen is also available in each Homestead, the Sustainability Centre, with staff at outdoor venues and at the Gym in case you forget. Students must wear clothing that covers their shoulders, e.g. Woodleigh Polo Sports Shirt.

Non-Participants

Students attending Non-Participants complete written tasks (no ICT), quiet reading, or undertake school service around the school. If you miss your bus you must go to the non-participants room. If you forget your gear or have a minor injury, please discuss staying in your Activity and assisting with the teacher in charge. If you are ill or injured and unable to take part in your Activity, you must bring a note of explanation for the teacher in charge of the Activity. If you become ill during the day you must report to the Nurse for assessment prior to attending Non-Participants.

Activities Leaving School Grounds

Some Activities may run during lunchtime, particularly those where students are leaving the school. Students need to consider this when balloting and be aware that they may need to take and eat their lunch on the journey from school or back to school.

Additional Health and Safety Information

The health and safety of all in our community remains foremost in our planning. We are establishing ongoing protocols to ensure the physical safety of our community. For this reason, some of our Activities will be adapted to provide reasonable precautions and a safe learning environment over the Unit. All Activities will abide by Government regulations.

Important Notes for Adventure-Based Activities (as indicated by a ★)

Some Activities are regarded as adventure-based. **Being involved may have some higher elements of risk and the possibility of injury, both of a minor and serious nature.** It is important that both students and parents are aware of this fact. It is also important that you have an understanding of the nature of the Activity. If you have any questions in regard to a specific Activity please contact the teacher in charge of the Activity or the Head of Activities, Mr Azzopardi. If a student undertakes an adventure-based Activity, they may need approval from a parent via Operoo.

Community Academia

Strategy Board Games (Yrs 7-11)

Mr Neumann

This Activity will be led by some of the senior students in the group here at Woodleigh. This is a chance to challenge your brain with the latest award-winning European strategy boardgames such as Wingspan and Root. A variety of other classic strategy board games are available such as Settlers of Catan, Pandemic, Kings of Tokyo, Love Letter, Carcassonne, and Diplomacy or old classics like Scrabble, Chess, and Backgammon.

Cambodia Broadening Horizons (Yrs 9-11)

Mr Adams

Are you a budding teacher? Do you love kids? Or perhaps you are keen to find out more about the Cambodian Broadening Horizons camp. Join us in connecting with primary school students from Chumkriel Language School in Cambodia and teaching them conversational English via Zoom. As part of this Activity, students will research, plan and enact online games and activities to share with Chumkriel Language School students. Woodleigh students will also learn about Cambodia's history and culture by connecting with guest speakers, watching films and we may even have the chance to taste some Cambodian food. Open to past and future participants of the Cambodia Broadening Horizons Experience, as well as students just wanting to assist children in developing countries who want to learn English. Learning the English language improves employability, provides international mobility, is a key for unlocking development opportunities and is a neutral language. Become a global citizen and join in!

Film & Literature Review (Yrs 7-11)

Ms Turner

Step into the world of critical thinking and cultural exploration as you embark on a captivating journey of film and literature reviews. In this enriching activity, young minds delve deep into the realms of storytelling, analyzing themes, characters, and narratives with keen insight and thoughtful reflection. With each review crafted, you not only sharpen your analytical skills but also aim to guide and inspire others in their literary and cinematic pursuits. Join us as a budding critic to illuminate the pages and screens, offering valuable perspectives and recommendations to fellow enthusiasts. Together, let's explore the transformative power of storytelling and ignite a passion for exploration and discovery through the lens of film and literature. We may even have the chance to organise a read-a-thon fundraiser.

Student Librarians (Yrs 7-9)

Ms Burnell

Calling all future Student Librarians! Get ready for an adventure in the world of books and knowledge. As a Student Librarian, you'll dive into exciting activities like shelving books, sharing stories, writing reviews, designing displays, and creating social media content. Plus, you'll assist with loans, help peers find resources, and even learn the ins and outs of our catalogue system. Join us for an extraordinary journey of adventure, creativity, and endless discovery as you spend time giving back!

Writers Workshop (Yrs 7-11)

Ms Ogier

If you love writing and rarely get the chance to sit, cup of tea in hand, and pen your feelings, well, this is the Activity for you. You'll be guided through the writing process, whether you choose poetry or prose. In a collaborative space, you'll have the opportunity to immerse yourself in the literary world, with the focus on exploring the complex landscape of adolescence. Either anonymously, or with your name to your writing, we'll compile an anthology of writing which can be gifted to those in your life who have wondered about the phenomenon of teenage years and wish to have a glimpse into the untold stories that lie in wait.

Visual & Performing Arts in the Community

Collaborative Art Piece (Yrs 7-11)

Mr Au

Would you like to brighten someone's day? Would you like your creativity to be shared within our community? If you would like to make a difference to someone in an aged care facility or specialist school or our own environment, then this Activity is for you. In this unit, you will plan and produce an artwork with the intention of it being placed on display. Please consider creating art for others.

Design and Make Jewellery for Others (Yrs 9-10)

Mr Butler

During this Activity you will have the chance to design and make a unique silver pendant to give as a present for someone special. Come prepared with some ideas of how your pendant might look and you will be guided through a range of silversmithing processes to create your design in sterling silver.

Flash Mob Dancing (Yrs 7-11)

Ms Watts

In this Activity, there will be group warm-ups and sequences learned at each session. You will also learn the art of choreography (making dances) and you will work in small groups to create your own moves/sequences/dances. You will be given the opportunity to perform your dances live, encouraging others to participate. Whether you have years of dance experience, or none at all, you are sure to enjoy being physical and creative in this Activity.

Gem Art (Yrs 7-10)

Ms Smallacombe

Unleash your inner artist and philanthropist with our Gem Art Extravaganza! Calling all high school creatives to join us in a dazzling journey where creativity meets community service. In this vibrant workshop, you'll dive into the mesmerizing world of gem artistry, crafting stunning masterpieces that shimmer and shine with every hue of the rainbow. Channel your imagination as you arrange colorful gems into intricate designs, unlocking your artistic potential with every sparkly detail. Whether you're a seasoned artist or just dipping your toes into the world of crafting, this Activity promises excitement and inspiration for all. But wait, there's more! We're not just creating art for ourselves - we're spreading joy through the power of giving. Each gem art piece you create will be a gift to someone special, spreading smiles and positivity throughout our community. Whether it's a friend, family member, or someone in need, your masterpiece will brighten their day and warm their hearts. Join us for a day of creativity, compassion, and connection as we come together to create beautiful works of art with a purpose. Let's make a difference, one gem at a time.

Mend It, Don't End It (Yrs 9-11)

Ms Cleine

Rework your wardrobe and bedroom objects to extend their life. Projects offered will be learning some simple machine and hand sewing techniques, making a blanket from unloved Hoodies, re-dyeing your bedding, sanding, and painting an item of furniture, tiling a mirror frame or bedside table.

Musical Moments (Yrs 7-11)

Mr Bingham

Come and share your passion and love of music with the Woodleigh Community. During the sessions you will have the opportunity to collaborate with like-minded students in preparation for impromptu musical moments out and about in the Woodleigh spaces. This may include engaging with other students in the Agora at lunchtime. All levels of experience welcome!

The Practice-a-thon Fundraiser (Yrs 7-11)

Ms Pope

Ready to play music and make a difference? In this Activity, use your music skills to make a change for someone else. You will team up with your classmates to choose a charity you care about and become fundraising masters. Track how much time you spend practicing and get friends and family to sponsor you. The more you practice, the more money you'll raise for your chosen charity! Exactly like a read-a-thon, but instead of reading pages, you will be developing your music skills. At the end of the unit, we'll combine all the money we have earned and donate it in one lump sum to the charity you picked. Benefit both yourself and someone else!

Woodleigh Ceramic Take-away Coffee Cups (Yr 11 Only) Ms Norman

Make your own hand-built take-away coffee cup for Woodleigh staff, students, parents, and friends to buy and use. This Activity will give you the skills to make a hand-built cup and learn glazing techniques to ensure your final product looks professional and ready to sell. Proceeds from the sales of the take-away Coffee Cups will go to a student selected Woodleigh Community Partnership. To finalise your production, you can keep your favourite cup. Silicone lids provided.

Physical Awareness

Cardio Tennis (Yrs 7-10)

Mr Andy Scott

During this Activity you will be coached by a local professional tennis coach. Experienced and inexperienced players are welcome. You will develop your skills as you participate in cardio tennis sessions to raise awareness of the role physical activity plays in the prevention of heart disease. **The following is essential: sports gear, sports shoes, and hat. A tennis racquet can be provided. Sunsmart applies.**

Environmental Clean-up and Games (Yrs 7-8)

Mr Paxino

We will work within the school grounds and visit local Community areas. During the session, we will spend some time cleaning up the environment and then engage in some light exercise or play some fun games. Students will be provided with gloves. Transport via Budget Rosa Bus or Woodleigh HiAce Van driven by a Woodleigh School staff member or via Driver Coastal Bus Lines. **Sports uniform required. Sunsmart applies.**

★'Fun Run / Walk' for Charity (Yrs 7-11)

This Activity will give you the opportunity to plan, fundraise, train, and undertake a community fun run or walk to raise money for a local charity. Participants will work together to decide on a common charity and investigate ways to raise money. Students will spend most sessions training to prepare themselves adequately to complete the physical activity selected. Sessions will be mainly on campus. Off campus sessions will be around Frankston, Baxter, and local areas. Transport via Budget Rosa Bus or Woodleigh HiAce Van driven by a Woodleigh School staff member or via Driver Coastal Bus Lines. **Sports uniform required. Sunsmart applies.**

★ \$ Girls Active For Life (Yrs 7-11)

Ms Kesterson

This Activity is inspired by the VicHealth campaign 'This Girl Can', which *'Inspires women to get active - however, wherever and whenever they choose'*. *'This Girl Can advocates for all women - cis, trans, non-binary, and gender diverse - to get active in supportive and welcoming environments'* <https://thisgirlcan.com.au>. During this Activity, you will discover and embrace health, fitness, sport, and wellbeing opportunities within our local community and at school/home. At school, you will participate in a range of fitness activities, such as boxing & weight training as well as yoga & pilates. Within the local community we will explore a variety of activities that may include; golf, walking, water aerobics, lawn bowls & gym classes. We will also discuss nutrition and hormonal interaction to training and exercise and how taking a positive approach to movement can create lifelong habits, develop relationships, and change our lives. All the Activity sessions will be practical based and you will need your sports clothes and runners and be willing to participate in all sessions. Transport via Budget Rosa Bus or Woodleigh HiAce Van driven by a Woodleigh School staff member or via Driver Coastal Bus Lines. **Sports uniform required. Sunsmart applies.**

Parents please note: There is a cost for this Activity which covers travel and instruction from external professionals. This Activity has some element of risk, including water-based sessions. Please refer to the front section of this pamphlet for more information.

Cost: \$50

Learning & Teaching Initiatives & Games (Yrs 8-10)

Learn some fun games, initiatives, drills or design your own, then teach them to others in your Homestead. Sessions will take place on campus at Woodleigh and in the Gym. **Sports uniform required. Sunsmart applies.**

Social Games and Sports (Yrs 7-11)

Mr Flanagan

Throughout this Activity you will have the opportunity to learn some new games that will help you engage with members of the community, now and long into life. You will have the chance to learn how to play bridge or backgammon and there may be the chance for you to be more active and learn the finer points of lawn bowls too. The group will also have input into some of the games and skills they wish to learn, and students will be encouraged to share a skill they can teach others.

Sports Leadership (Pre-book, Yrs 9-10) Mr Davenport & Mr Angelico

This Activity is for those students who would like to develop their leadership skills and have a strong interest in Sport. Preference will be given to those students who have demonstrated a commitment to Woodleigh Sport, and/or elite sport previously. The sessions will include practical workshops, including a trip to Minimbah or Penbank aimed at improving your coaching, officiating and organisational skills. There will be some theoretical work towards gaining relevant accreditation. Students will also be involved in developing sport initiatives at school. Transport to Minimbah or Penbank via Budget Rosa Bus or Woodleigh HiAce Van driven by a Woodleigh School staff member or via Driver Coastal Bus Lines.

Sports uniform required. Sunsmart applies. See or email Mr Davenport for more information before balloting.

Makers & Wellbeing for Others

Beanies 4 Babies (Yrs 7-11)

Ms Burnell

Join us in a heartwarming journey of compassion and creativity as you embark on a unique project - knitting beanies for premature babies. In this engaging Activity, you will not only hone your knitting skills but also cultivate empathy and understanding for the tiny fighters in neonatal care units. Through each stitch, you will learn the importance of giving back to the community and spreading warmth to those in need. Join hands, needles, and hearts as we knit together to make a difference, one beanie at a time.

Making Soap for a Cause (Yrs 7-11)

Ms Nemkevich

Come along and learn how to make soap using the melt and pour method. We will use moulds to create soaps to support the community. Through your research, you may find some other natural ingredients that we can source to enhance the texture and scent of the soaps made. Come and work together to create products, that we may take for granted in our everyday lives, to support others.

Pouches for Wildlife (Yrs 7-11)

Ms Somkiat

This Activity is suitable for anyone who would like to learn the basics of how to knit/sew, or for those with existing skills, to make pouches for orphaned animals. Enjoy learning new skills that promote wellbeing by reducing stress and help make a difference to the life of our native animals in need.

Technology for Others

Animal and Nature Photography (Yrs 7-11)

This Activity will see you exploring portraiture of animals and nature. You will learn about light, photo composition, examine what makes an excellent photo and how to best enhance your pictures using both camera techniques and computer software. We will start from the very basics and develop your skills to produce items for fundraising which could include photobooks, calendars, or cards. You will need to supply your own digital camera, ideally an SLR, but a phone is a good fall back.

Designing Fidgets for School Students (Yrs 7-10)

Jesse Eddy

Calling all creative minds, makers and doers! Put your skills to good use and raise money or awareness for a cause close to your heart. Brainstorm, plan and create a product with a team of likeminded Woodleigh students. Use the laser cutter, 3D printers, sticker makers, sewing machines and anything else you can dream of to bring your idea to life. At the end of the unit, participate in a mini market to test your ideas and prepare for future endeavours. Creativity encouraged, but no previous experience or skills required.

Short Film: Communicating Woodleigh (Yrs 7-11)

Through project-based learning principles, we will investigate and develop what it takes to entertain our Woodleigh community using hands on, real-world practice. You will have the opportunity to shoot and edit your very own film with a Woodleigh life focus. You will work with the teacher to develop audio and visual knowledge and hone your contemporary storytelling skills. Sound and Visual Editing will be shaped using industry-standard Adobe Premiere and Audition. If we get time, we may start to explore Radio technology also.

Making Music with Technology for Others (Yrs 7-11) Mr Bingham

Have you ever wanted to make your own instrumental song for others? This is a unit for curious music lovers – you don't need to be confident playing an instrument, you just need a keen ear and a love for rhythm and sounds. We will explore how to use the entry-level software (such as Garageband) as a tool to craft songs from start to finish. We will build beats from scratch, play with synthesizers, tinker with virtual instruments, and explore effects such as delay, reverb, and distortion. All styles of music are welcome! Come along and explore the wonderful world of digital music, you are only limited by your imagination. Final songs will be published on SoundCloud so you can show off and share your new skills.

Community and School Awareness

Barista Training – Coffee for the Community (Yrs 10-11) Mr Liu

Learn the art of making espresso-based coffee using the school barista machine. During the sessions you will get instruction on how to use the machine, gaining the skills to make the perfect latte. Staff will be given the opportunity to order coffee for a gold coin donation with all funds raised going towards the Chumkriel Language School in Cambodia.

Brian Henderson Reserve (Yrs 7-11)

Dr Simpson

Are you interested in wildlife and the environment? Do you like being in the great outdoors? In this Activity you will support the day-to-day management of the Brian Henderson Reserve. You might feed the animals, contribute to enclosure set-up and maintenance, remove weeds, assist with pest animal control, plant new plants, collect bush foods, prepare animal meals, perform biodiversity surveys, and carry out fence and track maintenance. We have started a new boardwalk in the East – plenty of building to be done. Some tasks may also be performed outside the boundaries of the Reserve. If the weather is too cold/wet, we meet in the Science building and can tend to the animals kept there. **Closed-toe sturdy shoes and long pants required.**

\$ Community Golf (Yrs 9-10)

The aim of this unit is for you to improve your golf and develop your interest and skills further so that you can enjoy a game with people of all ages. The Activity will cater for novices to intermediate players with sessions being held with a Professional at Centenary Park Golf Club in Frankston or Ranfurly Golf Club and Driving Range in Cranbourne. Golf clubs and balls are provided; however, students should supply their own hat, glove and wear suitable footwear. Transport via Budget Rosa Bus or Woodleigh HiAce Van driven by a Woodleigh Staff Member or via Driver Coastal Bus Lines. **Sunsmart applies. Parents please note: There is a cost for this Activity which covers transport and instruction from external professionals. This Activity has some element of risk, please refer to the front section of this pamphlet for more information. Cost: \$50**

Community Projects (Yr 9 Only)

Ms Craven

During this dedicated Activity time, you will have the opportunity to further advance your Community Project. If you're collaborating in a group, it's essential that each member ballots for this Activity and is fully committed to this endeavour. **It's important to discuss this prior to balloting for this Activity by emailing Ms Craven.**

Farmclub (Yrs 7-11)

Ms Burchell

This Activity unit will be spent around the Woodleigh Farm. There will be many different tasks to be performed and lots of new skills to learn, from general animal husbandry through to looking after different animals. We will establish new vegetable patches, gardens and other spaces around the farm and develop any other ideas students may have. **Closed-toe sturdy shoes and long pants required. Sunsmart applies.**

Freerice - FEED THE WORLD (Yrs 7-11)

Mr Higgins

Freerice is an educational trivia game that helps develop your Maths, English, Science, and language skills while making a difference for people around the world. Every question you answer correctly raises 10 grains of rice for the World Food Programme (WFP) to support its work saving and changing lives around the world. Private sponsors match the rice grain donations generated within Freerice, triggering a financial payment to WFP. This money goes into the pot of "greatest needs" to support the organization's ongoing emergencies. 100% of all funds generated via Freerice go to the World Food Programme. Freerice does not earn or keep any money it raises. Join the global community via this Woodleigh Activity and start making a difference today.

Meditation, Yoga Breathing Techniques & Relaxation (Yrs 7-11) Leike

Learn how to really be relaxed! A safe and relaxing space to let go and be present or drift away. We will learn a variety of forms of mindfulness and meditation. From walking meditation to art techniques which unlock relaxation, we will listen to music, daydream about ideas, and learn techniques that you can teach others. We will always finish with a meditation/ relaxation in which you can sit or lay down. Learning how to relax deeply is a skill, and a skill you can share! Do you have a technique you would like to share?

Operation Wallacea Expedition Preparation (Pre-book) Mr Peach

This is a compulsory unit for those students participating in the Operation Wallacea expedition to Indonesia mid-year. During this unit, we will cover a range of topics including expedition requirements, team building, culture, and outdoor skills.

Reserve Construction (Yrs 7-11)

Mr Colcott

This Activity is one for the nature lovers who would like to learn a bit about construction. Blending the areas of conservation and construction, The Reserve Construction Activity group plan to spend their time in both the Reserve, and Product Design Shed. During this Activity we will complete the boardwalk that has been started, build some bridges, and install them over stream crossings, help with housekeeping and maintenance and maintenance sheds, and work with Doc to produce a plan and a timeline for the future construction jobs. **Closed-toe sturdy shoes and long pants required. Water bottle recommended. Sunsmart applies.**

Community and School Awareness

Sages Cottage (Yrs 7-11)

Ms Ley

During this Activity you will explore the historic Sages Cottage and work alongside our community partners to deepen our understanding. There will be opportunities to give back through a variety of means, including gardening and maintenance work. Sessions will take place off campus at Sages Cottage, Baxter. Transport via Budget Rosa Bus or Woodleigh HiAce Van driven by a Woodleigh School staff member or via Driver Coastal Bus Lines. **Sunsmart applies.**

Taking Environmental Action at Woodleigh (Yrs 7-11) Mr Benton

This Activity is for students who care about making the world a better place. During this Activity you will have the opportunity to make a big difference at our school and in the community. We will be focusing our efforts on 4 main aspects of sustainability and regenerative practices: energy, water, waste, and biodiversity. We will be looking at how to make Woodleigh a more sustainable place and taking action to bring about some of these positive changes. This would be a great way to find out about Woodleigh's Sustainability group, The Sustainables, and support us with an opportunity for some rapid action.

The War on Food & Waste (Yrs 7-11)

Ms Foley

Join us for an engaging school Activity focused on reducing food waste in our Woodleigh School Community! We will explore the impact of food waste and brainstorm creative solutions to minimise waste in our school. This Activity aims to inspire and empower our community to make a positive change and reduce our food waste footprint.

What's Your Cause - The Mini Committee (Yrs 10-11) Ms Kentish

Do you have a cause close to your heart that you would like to support? This Activity is a team building leadership program which guides students to helping a cause of their choosing, led by Woodleigh Committee leaders. Each session is packed with games and project planning to raise awareness or money for your cause! There are many prizes to be collected along the way, as well as the grand prize for the most successful project presentation. Students will grow and learn throughout this unit and gain insight into how amazing our changing world can be during secondary school years, and how you can always continue making change through the Woodleigh Committee.

Year 11 Students: Assist in Leading an Activity (Yr 11 Only)

Here is a great chance for students to develop some practical skills in leadership by working independently or in a small group to help assist a Woodleigh Staff member to run their Activity. **See or email Mr Azzopardi to discuss options before balloting.**