

# Activities - Unit 6 2024

## For Unit 6 the following dates are important:

<b>Wednesday 24 July:</b>	Online ballot for Unit 5 & 6 opens Students emailed login details
<b>Monday 29 July:</b>	Initial online ballot closes at 10.30am
<b>Tuesday 30 July:</b>	Restricted online balloting closes at 10.30am
<b>Unit 6 Dates:</b>	October 21, 25, 28, 30 November 1, 11, 13, 15, 18, 22, 25, 29

Students who do not complete an initial online ballot (by 10.30am July 29), will have to complete a restricted online ballot. This will mean that students will have reduced choices or may need to complete a further restricted paper ballot if most of the Activities are full. **Students who do not complete a ballot after the final date will be placed into an Activity. Please choose carefully as you can be placed into any of your six selections.**

## To Students in Years 7 - 10

An outline of each Activity is given in the following pages. You should read the details carefully, be aware of any special requirements such as cost, equipment or materials and discuss your choice with your parents. If you need more information, you should contact the teacher in charge of the Activity, or the Head of Activities, Mr Azzopardi. When you ballot for an Activity, you must be prepared to accept the Activity of your choice. **Please choose carefully as you can be placed into any of your six selections.**

## To Parents

Some Activities may incur a cost (\$) where individual coaching or special equipment is required. Costs are shown within this pamphlet and will be charged to the term's account. If your child undertakes an Activity where there is a cost, you will be notified via Operoo.

## Reminders

Over the school year you are encouraged to select Activities from a minimum of **three** of the following categories: Academic Enrichment/Challenge; Leadership; Visual and Performing Arts; Sport and Physical Development; Health, Lifestyle and Practical Skills; Technology and ICT; Community Partnerships.

## Practical Activities and Sunsmart

In sporting Activities you will need your **sports uniform and appropriate footwear**. Students involved in outdoor activities need to supply their own **hat and sunscreen**. Sunscreen is also available in each Homestead, the Sustainability Centre, with staff at outdoor venues and at the Gym in case you forget. Students must wear clothing that covers their shoulders, e.g. Woodleigh Polo Sports Shirt.

## Non-Participants

Students attending Non-Participants complete written tasks (no ICT), quiet reading, or undertake school service around the school. If you miss your bus you must go to the non-participants room. If you forget your gear or have a minor injury, please discuss staying in your Activity and assisting with the teacher in charge. If you are ill or injured and unable to take part in your Activity, you must bring a note of explanation for the teacher in charge of the Activity. If you become ill during the day you must report to the Nurse for assessment prior to attending Non-Participants.

## Activities Leaving School Grounds

Some Activities may run during lunchtime, particularly those where students are leaving the school. Students need to consider this when balloting and be aware that they may need to take and eat their lunch on the journey from school or back to school.

## Additional Health and Safety Information

The health and safety of all in our community remains foremost in our planning. We are establishing ongoing protocols to ensure the physical safety of our community. For this reason some of our Activities will be adapted to provide reasonable precautions and a safe learning environment over the Unit. All Activities will abide by Government regulations.

## Important Notes for Adventure-Based Activities (as indicated by a ★)

Some Activities are regarded as adventure-based. **Being involved may have some higher elements of risk and the possibility of injury, both of a minor and serious nature.** It is important that both students and parents are aware of this fact. It is also important that you have an understanding of the nature of the Activity, if you have any questions in regard to a specific Activity please contact the teacher in charge of the Activity or the Head of Activities, Mr Azzopardi. If a student undertakes an adventure-based Activity, they may need approval from a parent via Operoo.

## Academic Enrichment

### ★\$ Aviation (Pre-Book Yrs 7-10)

Students wishing to either start or continue with their training can ballot for this unit, along with those preparing for Aviation Camp. Please contact Mr Scott ([msscott@woodleigh.vic.edu.au](mailto:msscott@woodleigh.vic.edu.au)) before balloting for more information. Basic Aeronautical theory taught during this unit will depend on group needs. Practical flying lessons will be tailored to the individual. Transport via Budget Rosa Bus or Woodleigh HiAce Van driven by a Woodleigh School staff member or via Driver Coastal Bus Lines.

**Please note: This Activity has an increased element of risk. Please refer to the front page of this pamphlet for more information.**

**Cost: Costs associated with this Activity depend on the number of flying hours.**

Mr Scott

## Advanced STEAM Club (Yrs 7-10)

Calling all students with a thirst for knowledge and an interest in technology! Join this Activity unit focused on laser cutting, 3D printing, emerging technologies, robot building, coding, and programming. In this unique program, you'll have the opportunity to explore the world of innovation and gain hands-on experience with various technologies. Discover the art of laser cutting and 3D printing, where you can turn your creative ideas into tangible objects. Dive into the realm of emerging technologies, robotics, coding, and programming. Create interactive experiences with LEGO Mindstorms, BBC Microbit, Makey Makey controllers and more! All experience levels are welcome, but a desire to learn and try new things is absolutely necessary!

Jesse Eddy

## Exploring French Language through Conversation (Yrs 9-10) Ms Kentish

This Activity is for those students who will be travelling to France on the Broadening Horizons Exchange Program as well as any other interested students wanting to explore French language through conversation. We will explore real-life scenarios around family, food and travel as well as discuss life in France including language, geography, society and culture. During one of the sessions, we may have the opportunity to visit a local French café in Frankston. Transport via Budget Rosa Bus driven by a Woodleigh Staff Member or via Driver Coastal Bus Lines. **You must ballot for this Activity if you are on the French Exchange.**

## Japanese Anime, Art and Culture (Yrs 7-10)

Come and join in this cultural experience where you will be transported to the mysterious world of Gion in Kyoto and experience some of the Geisha arts from times past such as Calligraphy and Origami. Spend time making warding masks for Tanjirō, enjoy some delicious Ponyo noodles and learn to draw manga just like the master Oda. In addition, for one of the sessions there may be the opportunity to visit Robinson's Bookshop in Frankston. Transport via Budget Rosa Bus driven by a Woodleigh Staff Member or via Driver Coastal Bus Lines.

## Scrapbooking Literature (Yrs 7-10)

Dive into the world of scrapbooking literature where you'll blend creativity with your love for books. This Activity invites you to craft personalized scrapbooks that capture the essence of your favorite literary adventures. From designing themed pages adorned with quotes, illustrations, and mementos, to creating unique layouts that reflect the mood and narrative of each book, this hands-on workshop promises to transform your reading experiences into timeless keepsakes. Join us to celebrate literature in a new and artistic way!

Ms Turner

## Woodleigh Taskmaster (Yrs 7-10)

Based on the popular BBC comedic game show, competitors will be challenged with a series of bizarre, tricky, funny, and often ingenious tasks. Will you be recreating a video game in real life? Making a music video for a nursery rhyme? Camouflaging yourself as effectively as possible? Building a house out of random items? With points up for grabs and random prizes on the line, you'll have everything to play for and nothing to lose! Get ready to meet...the Woodleigh Taskmaster! **Please note: this unit is for students who not have participated in this Activity previously.**

Mr Donaldson

## Visual & Performing Arts

### Gem Art (Yrs 7-10)

Ms Smallacombe

In this vibrant Activity, you will dive into the mesmerizing world of gem artistry, crafting stunning masterpieces that shimmer and shine with every hue of the rainbow. Channel your imagination as you arrange colorful gems into intricate designs, unlocking your artistic potential with every sparkly detail. Whether you're a seasoned artist or just dipping your toes into the world of crafting, this Activity promises excitement and inspiration for all. We are not just creating art for ourselves - we're spreading joy through the power of giving.

### Portrait Drawing Workshop (Yrs 7-10)

Ms Pope

During this Activity, you will spend time putting pencil to paper and develop your drawing skills. Working with a sentimental image, you will learn to find good contrast and draw in a large format with the aid of the gridded drawing technique. Come and explore the creative artist within!

### Practical Pottery & Tableware (Yrs 7-8)

Ms Cleine

Come and design, make and decorate. Using specialist clay bodies to create a series of hand-built forms, your spatial and technical skills will be challenged. It's not easy building bowls and plates, but you will learn techniques and get to experience a variety of textural surface applications. You will be able to test stoneware glazes which you will then apply to your forms.

### Recycled Surfboard Fins (Yrs 7-10)

Mr Colcott

In a bid to make the surfing industry a little more sustainable, we will be taking plastics off the beach and out of landfill to create our own custom surfboard fins. We will also learn how to repair dings in surfboards and if we get the time, we will finish by shaping our own hand planes out of salvaged materials. Transport via Budget Rosa Bus or Woodleigh HiAce Van driven by a Woodleigh Staff Member or via Driver Coastal Bus Lines.

### Repurposing Vintage Blanket Crafts (Yrs 7-10)

Ms Watts

Embrace the charm of vintage woollen blankets in this creative Activity where we will repurpose them into stylish bags, cozy cushions or even your own vintage coat. Whether you're new to sewing or a seasoned crafter, you'll learn essential hand and machine sewing techniques to bring your ideas to life. Each session offers a blend of practical skill-building and creative expression, empowering you to create bespoke items perfect for gifting, or adorning your own home.

### The Big Gundam Model Project (Yrs 7-10)

Mr Au

Do you like model making? Curious about what hobby has taken Japan by storm? Gundam's are highly detailed plastic model kits of robots, made popular in Japan. Team up with a friend or fellow hobby enthusiast to challenge yourselves in constructing a highly detailed Gundam model. Follow the process of refining, painting and applying decals to your kits. Patience required when building these models!

### Zentangles, Mandalas & Mindfulness (Yrs 7-10)

Ms Norman

Dive into the therapeutic art of Zentangles, where structured patterns create beautiful, intricate designs that calm the mind and inspire focus. Discover the ancient art of Mandalas, symbols of unity and harmony, and learn how to create your own meditative artworks. This Activity is perfect for anyone seeking relaxation, stress relief, and a creative outlet. No prior experience needed—just bring your curiosity and eagerness to unwind. Join us and awaken your inner artist while cultivating mindfulness in a serene and supportive environment.

## Sport & Physical Development

### Badminton and Pickleball (Yrs 7-10)

Mr Davenport & Ms Astone

During this Activity you will get the chance to participate in the racquet sports of Badminton and Pickleball. Sessions will be undertaken at Somerville Recreation Centre with team and individual competitions and challenges being the order of the day. Transport via Budget Rosa Bus driven by a Woodleigh Staff Member or via Driver Coastal Bus Lines. **Students must have their sports gear and runners for every session.**

### ★Basketball Academy - Intermediate to Advanced Skill Development (Yrs 8-10)

Mr Paxino

If you already play basketball and want to take your skills to the next level, sign up for this unit as we will be heading to Hoop Culture in Carrum Downs. The training sessions at Hoop Culture will take you through a range of different skills and tactics to take your game to the next level. To find out more about their amazing facilities and programs [click here](#). Some sessions will be held at Somerville Rec Centre also. Transport via Budget Rosa Bus driven by a Woodleigh Staff Member or via Driver Coastal Bus Lines. **Students must have their sports gear and runners for every session.**

**Please note: This Activity has an increased element of risk. Please refer to the front page of this pamphlet for more information.**

### ★\$ Golf (Yrs 7-10)

Mr Higgins & Ms Kesterson

Get ready to tee off and elevate your golf game to new heights! Join us for enriching sessions designed to enhance your skills and deepen your passion for golf. From novices to intermediate players, everyone is welcome to join us at Centenary Park Golf Club in Frankston, or X-Golf Mornington where you'll work closely with a seasoned Professional. Golf clubs and balls are on the house, but don't forget to bring your own hat, glove, and **suitable footwear**. It's time to swing into action and make your mark on the green! Transport via Budget Rosa Bus or Woodleigh HiAce Van driven by a Woodleigh Staff Member or via Driver Coastal Bus Lines. **Students must have their sports gear and runners for every session. Sunsmart applies.**

**Please note: There is a cost for this Activity which covers transport and instruction from external professionals. This Activity has an increased element of risk. Please refer to the front page of this pamphlet for more information.**

**Cost: \$50**

### ★\$ Indoor Climbing (Yrs 7-10)

Mr Watkins

Join us for an exhilarating adventure at Bayside Rock Indoor Climbing and Adventure Centre in Carrum Downs! Whether you're a seasoned climber or trying it out for the first time, our indoor climbing Activity offers a thrilling opportunity to conquer vertical challenges in a safe and supportive environment. Test your strength, agility, and problem-solving skills as you navigate a variety of routes suited to all experience levels. Our certified instructors will provide guidance and ensure your safety throughout the session. Transport via Budget Rosa Bus driven by a Woodleigh Staff Member or Driver Coastal Bus Lines.

**Please note: There is a cost associated with this Activity. The cost covers transport, hire of facility, use of safety gear and qualified instructors. This Activity has an increased element of risk. Please refer to the front page of this pamphlet for more information.**

**Cost: \$60**

### Indoor Sports (Yrs 7-10)

Mr Flanagan

This Activity is for students who want to improve their indoor sports skills, game strategy and fitness. You will be required to set specific performance goals for yourself and work to achieve them throughout the unit. Sessions will be a combination of specific training and conditioning for soccer, basketball and other sports. Come along to supplement your other sports training and to meet other, like-minded students. Active wear and runners are required. Sessions will take place on the Woodleigh multi courts and soccer oval. **Sunsmart applies for outdoor sessions.**

### ★Summer Fitness & Triathlon Training (Yrs 7-10)

Mr Radley

In this Activity you will learn everything you need to complete a triathlon. Each week we will conduct a variety of sessions that will prepare you for the demands of swimming, cycling and running. Swimming sessions will take place at Core24 Somerville and Frankston Beach (weather permitting), cycling sessions will utilise the Gym Mez as well as Core24 Somerville and several local parks for running training. We will also spend time working on the skills required to transition from one sport to another. No prior experience is needed for this Activity and the only equipment you need is bathers, goggles and running shoes. Transport via Budget Rosa Bus driven by a Woodleigh Staff Member or Driver Coastal Bus Lines.

**Parents please note: This is a water-based Activity and therefore has some element of risk. Please refer to the front page of this pamphlet for more information.**

### Tennis (Yrs 7-10)

Mr Andy Scott

Serve up some fun and improve your tennis game with the guidance of a local professional coach! Whether you're a seasoned player or just starting out, all skill levels are welcome to join us for this exciting Activity. You will refine your skills, participate in round-robin matches, and simply enjoy the thrill of the game. Don't forget to come prepared with sports gear, **sports shoes**, and a hat. If you don't have a tennis racquet, we can provide one for you. Get ready to rally, volley, and ace your way to a fantastic time on the court! **Sunsmart applies.**

## Sport & Physical Development

### ★\$ PADI Open Water Scuba Diver Course (Pre-book) Mr Peach

During the unit, you will have opportunity to complete the first component of this course, covering most of the theory through the PADI online portal with the support of Woodleigh staff who are qualified SCUBA divers. Topics include: the structure and function of SCUBA equipment, safety requirements of SCUBA diving, understanding the necessary skills of SCUBA diving, and using dive tables to calculate safe dive times and depths. There may be some sessions where you will have the opportunity to practice your water skills at either Core24 in Somerville or PARC in Frankston. The second practical component will be overseen by Bayplay where students independently join one of Bayplay's diving courses held at their premises over the Summer break. Transport via Budget Rosa Bus driven by a Woodleigh Staff Member or Driver Coastal Bus Lines.

**Parents please note: Components of this Activity are water based and therefore have some element of risk. Please refer to the front page of the pamphlet for more information. There is a cost associated with this Activity. Sunsmart applies.**

**Cost: \$650 (paid directly through Bayplay)**

## Health, Lifestyle & Practical Skills

### Barista (Yr 10 Only)

Mr Adams

Embark on a journey into the world of espresso mastery with our Barista Activity! You will unlock the secrets of crafting the perfect coffee, mastering every step from bean to cup. Dive deep into the art of espresso extraction, steam and froth milk to velvety perfection, and even learn the intricate techniques of coffee art. With each session, you'll hone your skills, gaining the confidence and expertise to create exceptional coffee creations that will delight friends and family.

### Crochet a Shopping Bag (Yrs 7-10)

Ms Nemkevich

Join us for a fun and eco-friendly Activity where you'll learn how to crochet a trendy shopping bag that's both practical and chic. Perfect for beginners and crochet enthusiasts alike, this Activity guides you through the steps to create a versatile bag that reduces plastic waste and adds a personal touch to your shopping trips. Embrace sustainability by using your handmade bag for groceries, errands, or as a thoughtful gift that promotes eco-conscious living.

### ★ Kenjutsu – Art of the Japanese Sword (Yrs 7-10)

Mr Ryan

Kenjutsu means “methods, techniques, and the art of the Japanese sword”. In this Activity you will be introduced to the basic techniques of traditional Japanese sword (katana). Various drills and a single and two-person form (kata) will be taught. History, philosophy and etiquette also play a central role in learning this ancient martial art. Note: all training is done with wooden ‘bokken’ swords, and not bladed weapons. Instruction will be led expert Fudoshin practitioner Shihan Darren Ball. Sessions will take place in the Woodleigh gym.

**Parents please note: This Activity has some element of risk, please refer to the front section of this pamphlet for more information.**

### ★\$ Self-defence for Girls (Yrs 7-10)

Ms Higgins

This Activity covers a number of aspects of self-defence, e.g. awareness, prevention, identifying potentially dangerous situations, escaping and restraining techniques and defence on the ground. It will enable participants to obtain a basic and realistic understanding of the fundamentals of self-defence as well as instil confidence and awareness. Students will be involved in practical self-defence sessions off campus at SMAC. Students must have a change of clothes for practical sessions. Parents should note that the practical component of this Activity is conducted by instructors from Southern Self Defence at their purpose-built venue in Somerville. Transport via Budget Rosa Bus driven by a Woodleigh Staff Member or Driver Coastal Bus Lines.

**Please note: We strongly advise that students involved in this Activity should use a mouthguard as the potential for dental injury is reduced if an individually fitted mouthguard is worn. This Activity has an increased element of risk. Please refer to the front page of this pamphlet for more information.**

**Cost: \$50**

### Singers & Songwriters (Yrs 7-10)

Ms Davison

Whether you're a seasoned performer or a novice with a melody in your heart, this Activity offers a welcoming stage for all who love to sing, write, and compose. From soulful ballads to upbeat anthems, explore the art of crafting original songs and sharing them with a supportive community of fellow songsters. Guided by an experienced mentor, you'll delve into song-writing techniques and lyrical genres, honing your skills with each chord strummed and lyric penned. All voices and styles are celebrated in this inclusive space, where creativity knows no bounds. Come add your voice to the chorus and let your melodies soar in the Singer-Songwriters Activity.

### ★\$ Skating at the Shed - Beginners Only (Yrs 7-10)

Mr Geisler

Skateboarding at ‘The Shed’ in Cranbourne will focus on basic skill development and is for beginners only. The facilities include a range of ramps and sealed surfaces to practice basic skate moves. Cost includes entry fee and transport. We will provide you with all of the safety gear required including wrist guards, knee and elbow pads and a helmet. No gear – No skate! Students will need to bring their own skateboard. Transport via Budget Rosa Bus or Driver Coastal Bus Lines.

**Please note: There is a cost associated with this Activity which covers transport, use of safety gear and hire of facility. This Activity has an increased element of risk. Please refer to the front page of this pamphlet for more information.**

**Cost: \$60**

## ICT - Technology

### Woodleigh TV: Documenting the Futures Studio (Yrs 7-10) Ms White

Once in a lifetime a new building of significance emerges. This Activity will develop a series of interviews and artifacts to document the changing face of the Woodleigh landscape. We will be developing skills in television broadcasting journalism as we investigate the people that made the Future Studios happen. The Activity will culminate in a series of short documentaries which capture the emergence of the Futures Studio.

### Free Online Courses in Digital Technology (Yrs 7-10) Mr Allsop

This Activity is a fantastic opportunity for students interested in digital technology! Offering a range of courses from beginner to advanced levels ensures that students of all skill levels can benefit. Plus, the flexibility of online learning allows students to progress at their own pace and explore multiple areas of interest. The inclusion of competitions adds an exciting dimension, providing students with opportunities to apply their skills and potentially gain recognition for their work. Some of the courses included are: Web design, App Building, Coding and programming, Robotics, Cyber Security and networking. There are also Australian wide competitions that students can enter if they wish. If you need to know more, please email Mr Allsop: pallsop@woodleigh.vic.edu.au

### Woodleigh Esports Team (Yrs 7-9)

This Activity will be focused on training the Woodleigh Esports Team to participate in the FUSE Cup school competition in 2024. Teammates will practice the skills essential to success in Mario Kart, Rocket League and/or Super Smash Bros. You will also record and review gameplay footage to improve techniques, commentate matches, hone expert techniques, and participate in exercises to help maintain positive mindsets, respectful competitiveness, and healthy approaches to gaming.

**Note: Participation in this Activity will require an ongoing commitment to the Woodleigh Esports Team throughout 2025. Spaces are limited. Anyone interested in joining the team must complete the following survey prior to the closing of the Unit 6 ballot: [Woodleigh Esports Team Survey](#)**

## Community & School Partnerships

### The Woodleigh Farm (Yrs 7-10)

Mrs Burchell

The Woodleigh Farm is an excellent opportunity for students to immerse themselves in practical tasks and learn a variety of new skills. Students will complete a variety of hands-on seasonal tasks including growing plants, identify edible and non-edible plants, botanical drawing, farm weeding and maintenance, revegetating bush gardens, and simple garden landscaping projects. They will also learn about the digestive systems of sheep, goats and horses and help feed the animals during the afternoon sessions. Students will gain an understanding of where their food comes from and begin to understand sustainable agriculture and food production. **Sunsmart applies. Closed-toe sturdy shoes and long pants required.**