



# Year 11 Activities Unit 1 & 2 - 2024

## *For Units 1 and 2 Activities the following dates are important:*

|                              |   |
|------------------------------|---|
| <b>Monday 13 November:</b>   | Online ballot opens 4.00pm, students emailed login details                            |
| <b>Thursday 16 November:</b> | Initial online ballot closes at 10.30am   |
| <b>Friday 17 November:</b>   | Restricted balloting closes at 10.30am  |
| <b>Unit 1 Dates:</b>         | February 7, 9, 12, 16, 19, 21, 23, 26, March 1, 15. (Exact dates to be confirmed)     |
| <b>Unit 2 Dates:</b>         | March 22, 25, April 22, 24, 26, 29, May 3, 6, 8, 10, 13 (Exact dates to be confirmed) |

Students who do not complete an initial online ballot (by 10.30am November 16), will have to complete a restricted online ballot. This will mean that students will have reduced choices or may need to complete a further restricted ballot if most of the Activities are full. **Students who do not complete a ballot after the final date will be placed into an Activity. Please choose carefully as you can be placed into any of your six selections.**

## *To Students in Year 11*

In the following pages, an outline of each Activity is given. You should read the screed carefully, be aware of any special requirements such as cost, equipment or materials and discuss your choice with your parents. If you need more information you should contact the teacher in charge of the Activity or the Head of Activities. When you ballot for an Activity, you must be prepared to accept the Activity of your choice.

## *To Parents*

Some Activities may incur a cost, where individual coaching or special equipment is required. Costs are shown within this pamphlet and will be charged to the term's account. If your child undertakes an Activity where there is a cost, you will be notified via email.

## **Year 11 Balloting for 2024 Activities**

At Year 11, students participate in the Activities Program for Semester 1. During Units 1-2, students have the opportunity to undertake different certifications, further enhance their Academic Studies, take on a leadership role in an Activity or area of interest. During Unit 3, students participate in Community Partnership & Service Activities.

Students will ballot for Unit 1 and 2 together, online via Web Preferences. Once your selections have been confirmed, you will receive notification of your Activities via email to you and your Parent/Guardian at the start of Term 1, 2024.

## **Students please note**

Year 11 students only have **ONE** ballot that covers both Unit 1 and Unit 2.

When balloting online, choose your top two preferences carefully as it is likely you will be allocated to these (depending on numbers). You **MUST** choose at least one Activity that runs in Unit 1 and one Activity that runs in Unit 2 and you will participate in these two Activities in Unit 1 and Unit 2.

You will receive a Unit 3 pamphlet and an email to ballot online at the start of Term 2.

## **Flexibility with the Program**

At Year 11, we aim to cater for your needs and hope you can use Activity time productively and to enhance your academic studies, wellbeing and develop some skills and qualifications that will benefit you outside of school. With this in mind, you are encouraged to communicate with the teacher in charge of Year 11 Activities if you wish to tailor a program to suit your goals. Some Activities will require you to email/discuss your selection prior to/during balloting (e.g. leadership, community service). There is flexibility within Year 11 Activities and I encourage you to put your requests in email to [activities@woodleigh.vic.edu.au](mailto:activities@woodleigh.vic.edu.au) and we can begin discussions as to what will work best for you.

## **VCE/VETiS Classes or Non Participants**

You may miss some of your Activity sessions due to a clash with your VCE subject or VETiS. You need to consider this before you ballot for the Activity and ensure you are willing to catch up with sessions missed.

## Reminders

### Practical Activities and Sunsmart

In sporting Activities you will need your **sports uniform and appropriate footwear**. Students involved in outdoor activities need to supply their own **hat and sunscreen**.

### Non-Participants

Students attending Non-Participants complete written tasks (no ICT), quiet reading, or undertake school service around the school. If you miss your bus you must go to the non-participants room. If you forget your gear or have a minor injury, please discuss staying in your Activity and assisting with the teacher in charge. If you are ill or injured and unable to take part in your Activity, you must bring a note of explanation for the teacher in charge of the Activity. If you become ill during the day you must report to the Nurse for assessment prior to attending Non-Participants.

### Activities Leaving School Grounds

Some Activities may run during lunchtime, particularly those where students are leaving the school. Students need to consider this when balloting and be aware that they may need to take and eat their lunch on the journey from school or back to school.

### Additional Health and Safety Information

The health and safety of all in our community remains foremost in our planning. We are establishing ongoing protocols to ensure the physical safety of our community. For this reason some of our Activities will be adapted to provide reasonable precautions and a safe learning environment over the Unit. All Activities will abide by Government regulations.

### Important Notes for Adventure-Based Activities (as indicated by a ★).

Some Activities are regarded as adventure-based. **Being involved may have some higher elements of risk and the possibility of injury, both of a minor and serious nature.** It is important that both students and parents are aware of this fact. It is also important that you have an understanding of the nature of the Activity, if you have any questions in regard to a specific Activity please contact the teacher in charge of the Activity or the Head of Activities, Mr Azzopardi. If a student undertakes an adventure-based Activity, they may need approval from a parent via Operoo.

## Certificates

### You are encouraged to select at least one Activity from the Certificates Category

#### ★ \$ Aviation - Units 1 & 2 (Pre-book Yrs 8-11)

Mr Scott

Students wishing to either start or continue with their training can ballot for the Aviation Activity. Please contact Mr Scott ([msscott@woodleigh.vic.edu.au](mailto:msscott@woodleigh.vic.edu.au)) before balloting for more information. New students are welcome as are students who have already started and wish to advance to the next stage of training. Basic Aeronautical theory taught during this unit will depend on group needs. Practical flying lessons will be tailored to the individual. Transport via Budget Rosa Bus or Woodleigh HiAce Van driven by a Woodleigh School staff member or via Driver Coastal Bus Lines.

**Cost: Costs associated with this Activity depend on the number of flying hours.**

#### ★ \$ Community Surf Rescue - Units 2 or 3 (Yr 11 Only)

This course provides participants with skills and knowledge of surf awareness, aquatic rescue operations and resuscitation in order to participate in lifesaving operations and act in the role of Water Safety Personnel. Students will be required to link in with a Lifesaving Club to fulfil the requirements of this certificate. This Activity will take place on campus and off campus at various beach locations tbc. Transport via Budget Rosa Bus driven by a Woodleigh School staff member or via Driver Coastal Bus Lines.

**Parents please note: This Activity has some element of risk being water based, please refer to the front section of this pamphlet for more information. There is a cost for this Activity which covers instruction from RTO external professionals and certification.**

**Cost: \$50**

### \$ CPR and Level 2 First Aid - Units 1 or 2 (Yr 11 Only)

During this Activity, students will gain the skills and knowledge required to recognise and respond to life threatening emergencies using basic life support measures only. Key topics will include; Aims of first aid, Responsibilities of the first aid provider, Duty of care, Hygiene, Asthma, Heart attack, Shock, Fainting, Soft tissue injuries, Rice, Bleeding, Anaphylaxis, Spider bites, Snake bites and CPR. You will gain a Nationally Accredited certificate. The qualification will be issued by Allen's Training Pty Ltd.

**Parents please note: There is a cost for this Activity which covers instruction from RTO external professionals and certification.**

**Cost: \$50**

### \$ Food Hygiene for Food Handlers Certificate - Units 1 or 2 (Yr 11 Only)

Ms Cooper

Most food serving establishments such as restaurants or bistros expect their staff to have undertaken some type of food safety training to ensure the safety of customers. This course provides the food safety basics to help increase students chances of gaining a job in these establishments. Course includes information on the following topics; Food spoilage and food poisoning, Cross contamination, Bacteria growth and the 'Danger Zone', Personal hygiene when dealing with food and handling of food in the kitchen, What to look for when accepting food from suppliers, Cleaning of food premises and safe storage of food items. The course will consist of five sessions; theory sessions, a written test and a cooking session in the kitchen. Students will cook food and put into practice the safety lessons they learn in class. At the end of the course students will receive a Food Hygiene for Food Handlers Certificate of Participation, a recognised certificate.

**Parents please note: There is a cost for this Activity which covers instruction from RTO external professionals and certification.**

**Cost: \$50**

### \$ Responsible Serving of Alcohol Certificate and Hospitality - Units 1 or 2 (Yr 11 Only)

During this course you will be instructed by an external provider from Best Restaurant Training to gain Liquor Licensing Victoria's Responsible Service of Alcohol Certificate. You will learn about the Liquor Industry, Benefits of Responsible Service, Facts about Alcohol, Strategies for Responsible Service and Refusal of Service.

**Parents please note: There is a cost for this Activity which covers instruction from RTO external professionals and certification.**

**Cost: \$50**

## Study Enhancement and Challenge

### Debating & Public Speaking - Unit 1 (Yrs 7-11)

Ms Pope

This Activity is for students interested in DAV and SIS debating and public speaking. Sessions will be dedicated to practising and enhancing students' skills, as well as preparing for after-school DAV competitions.

### Independent Learning Project - Units 1 or 2 (Yr 11 Only)

You can use this time to work on your own independent project. This may be a prior interest, business, subject topic or something new to enhance the School and the Community. Discussions MUST be had to organise a supervisor and submit a proposal or evidence of previous projects. **See or email Mr Azzopardi to discuss ideas and options before balloting.**

### International Politics & Current Affairs - Unit 1 (Yrs 8-11)

Mr Neumann

Is the world going to do anything about global warming? Will Trump run for president in 2024? Will Biden? Do you want to understand the war in Ukraine? Curious about the Middle East, the War in Syria and the Israel-Gaza conflict? Did the Russians hack the 2016 elections to help Trump? Who is Putin anyway? Will the relationship between Australia and China improve? Will China invade Taiwan Culture Wars? Gamergate? Ben Shapiro? Contrapoints? Feminism? Who is going to win the next Australian elections and what do they stand for? Who are 4chan? No topic is too controversial, nothing is off limits. We will discuss, watch videos and read articles about these and any other national and/or international current affairs and anything that is on the news.

### Philosophy in The Changing World - Unit 2 (Yrs 9-11)

Mr Neumann

Join a small group as we set about discussing the big issues of life. This is a rare opportunity to engage in discussion, to question, to debate and to contemplate issues that we face. Is eating animals immoral? Are murderers evil? How can we be happy? Is there a God? Is there life after death? Is Artificial Intelligence possible? Is time travel possible? In what circumstances would you fight in a war? Are all humans equal? No question is too controversial for this Activity. We will also view videos and discuss relevant texts associated with the topic in discussion.

### Sleek Geeks Science Video Comp - Unit 1 (Yrs 7-11)

Ms Nemkevich

Sleek Geeks competition is run by the Australian Museum and sponsored by the University of Sydney. It encourages students to explain a scientific concept or question in a short video that is entertaining and accessible to general public. A range of creative media may be used. Videos can be produced by individuals or teams of no more than 6 students. The theme of 2024 is Energy, and it is open to interpretation. What do you think of when you hear the word “energy”? In this Activity you will be given an opportunity to demonstrate your passion for science and your creative flair by producing a video to be entered in the Sleek Geeks competition. There is YouTube-wide fame and monetary prizes to be won.

## Sport, Health, Lifestyle, Visual and Performing Arts, ITC

### Barista - Units 1 or 2 (Yrs 10-11)

Learn the art of making espresso-based coffee using the school barista machine. Some sessions you may get instruction from a qualified barista to gain the skills to make the perfect latte. There may be the opportunity to visit some local cafés to further develop your understanding of what it takes to be a barista. If you are looking for that extra challenge, then this is the Activity for you. Transport via Budget Rosa Bus driven by a Woodleigh School staff member or via Driver Coastal Bus Lines.

### Creative Candelabras - Unit 1 (Yrs 7-11)

Leike

Candelabra making! A candelabra is a candle holder with multiple arms. Have you seen one before? Come and make an ancient looking candle holder or a modern cartoony one! If you like designing and making things with your hands (and fire) you will love this. We will use polymer clay, pottery clay, air dry clay and paint and unconventional materials. Come and join in for this casual creative circle of makers, music on, relaxing vibes and flames.

### Digital Drawing: CAD - Unit 2 (Yrs 7-11)

Mr Au

Want to learn how to draw digitally but don't know where to start? This Activity introduces you to the basic tools and software for digital drawing. Experience using a drawing tablet and stylus to create a variety of beginner to advanced drawings. Use tools on Photoshop to apply colour, tone and filters to enhance your artworks. Students experienced in digital drawing are welcome to bring their own devices to create their own artworks.

### ★ Golf: Preparation for Camp - Unit 1 (Yr 11 Only)

Mr Higgins

*(You will automatically be placed into this Activity as your top preference if you are doing this camp in Homestead Camp Week - also include 5 other preferences online).*

During the sessions, you will improve your golf and develop your interest and skills further and prepare for camp. The Activity will cater for novices to intermediate players with sessions being held with a Professional at Centenary Park Golf Club in Frankston or Ranfurly Golf Club and Driving Range in Cranbourne. Golf clubs and balls are provided; however, students should supply their own hat, glove and wear suitable footwear. Transport via Budget Rosa Bus or Woodleigh HiAce Van driven by a Woodleigh Staff Member or via Driver Coastal Bus Lines.

**Parents please note: This Activity has some element of risk, please refer to the front section of this pamphlet for more information. Sunsmart applies. There is no cost for this Activity as it is covered through the Golf Camp fees.**

### ★ \$ Golf - Units 1 or 2 (Yrs 8-11)

During this Activity, you will get the chance to improve your golf and develop your interest and skills further. The Activity will cater for novices to intermediate players with sessions being held with a Professional at Centenary Park Golf Club in Frankston or Ranfurly Golf Club and Driving Range in Cranbourne. Golf clubs and balls are provided; however, students should supply their own hat, glove and wear suitable footwear. Transport via Budget Rosa Bus or Woodleigh HiAce Van driven by a Woodleigh Staff Member or via Driver Coastal Bus Lines.

**Parents please note: There is a cost for this Activity which covers transport and instruction from external professionals. This Activity has some element of risk, please refer to the front section of this pamphlet for more information. Sunsmart applies.**

**Cost: \$50**

### Graphic Recording - Unit 1 (Yrs 9-11)

Ms Clein

Have you heard of the unessay? Creating responses that move beyond traditional papers or assignments? This Activity will give you the skills to confidently create a visual diary, annotate ideas and work through visual exploration. Graphic Recording is expressing what you see through drawing, exploring iconography and building your Copic marker and watercolour techniques. Improve your visual diary outcomes through learning ways to visually record what you want to communicate to a viewer. A problem solving, creative thinking and challenging Activity for those who would like to create interesting visual responses and ideas.

### Indian Street Food: Chai & Chaat - Unit 1 (Yrs 9-11)

Ms Kentish

Do you want to know more about authentic Indian street food? Would you like a glimpse into the gastronomic delights on the streets of New Delhi? During this Activity you will learn to make chai (traditional Indian tea) and chaat (snacks) from the Northern part of India. This Activity is for the adventurous eater who loves a bit of spice!

### Japanese Mecha Model Making - Unit 1 (Yrs 7-11)

Mr Au

This Activity is for anyone that loves model making! Learn how to put together Gundam and other Japanese scale model kits using a variety of skills and finishing techniques. Gundam model making is a popular hobby in Japan and can be enjoyed by new and experienced model makers.

**Parents please note: There is a cost for this Activity for the model kits.**

**Cost: \$20**

### Making Sterling Silver Rings - Unit 1 (Yrs 7-11)

Mr Butler

During this unit students will get the opportunity to make at least two sterling silver rings, using a variety of silversmithing techniques, tools and processes. Students will be able to customise their products to suit their own personal style, while exploring at least two different methods of fabricating jewellery using precious metals.

### Making Sterling Silver & Crystal Pendants - Unit 2 (Yrs 7-11)

Mr Butler

During this unit students will have the opportunity to design and fabricate their own pendant made from sterling silver combined with a natural crystal. Students will make at least one pendant, selecting a natural crystal of their choice and then designing and making the mount, bail and jump ring from sterling silver.

### Yoga, Pilates & Basic Meditation - Units 1 or 2 (Yrs 9-11)

This Activity will focus on postures, breathing, relaxation, movements and stretching whilst aiming to develop an awareness of the mind-body connection. You will have the opportunity to relax using self-chosen imagery, music and or muscle tensing. During the sessions we will explore other means of relaxation and mindfulness to enhance our wellbeing. Classes will be taken by an external qualified Yoga teacher or Woodleigh staff member.

### Mindful Cooking - Unit 2 (Yrs 7-11)

In this Activity you will have the opportunity to explore cooking using plant-based recipes. We will use wholesome and natural produce to make easy, from scratch, dishes to develop your cooking skills. These recipes will focus on using a range of seasonal fresh produce and will compliment a healthy eating lifestyle.

### Product Design Extension - Unit 2 Only (Yrs 9-11)

Mr Colcott

This Activity is designed for students in year 9,10 or 11 that are studying Product Design but are planning on building something extra special.

Product Design Extension will allow students extra time with a teacher, a larger scope of materials and tools with extra time to work on their product for those looking to be extended in this area. This Activity will require students to self-guide with the support of a teacher. This unit is only available to students studying Product design during semester 1.

### Rainbow Pride Activity - Unit 2 (Yrs 7-11)

Leike

In this Activity students will engage in fun discussions about LGBTQIA+ contemporary issues, popular culture, and history. These discussions will be supported by speakers, and is for all students - LGBTQIA+ and allies.

### ★ SIS Cross Country Running & Training - Unit 2 (Yrs 7-11)

Mr Radley

Come and help lead and train in sessions at various locations. Venues include school XC course, Frankston foreshore, Ballam and Baxter Parks, George Pentland Gardens, Langwarrin Fauna and Flora Park, Bunarrong Reserve, Jubilee Park and Seaford Foreshore. You will need your running gear, towel, cap, sunscreen and water bottle. Keen runners with leadership skills are encouraged and supported. Sessions will be held on campus at Woodleigh and may also include; Seaford and Frankston Foreshore, Sweetwater Creek, Moorooduc Quarry steps, Ballam Park, Beauty Park, Langwarrin Flora and Fauna Park and surrounds. Transport via a Budget Rosa Bus or Woodleigh Transit driven by a Woodleigh Staff Member or via Driver Coastal.

**Sunsmart applies.**

### ★ SIS Swim Squad Training - Unit 1 (Yrs 7-11)

Mr Radley

All Year 11 students interested in representing Woodleigh at the SIS Swimming Carnival, which takes place at MSAC, are encouraged to do this Activity. Training will take place at Core24 Health and Fitness in Somerville or PARC in Frankston. This is a great opportunity to build your fitness and to prepare for the SIS Swimming Carnival and also the SIS Swim Relay Carnival which takes place at Pines Aquatic Centre. Transport via Driver Coastal Bus Lines or a Budget Rosa Bus driven by a Woodleigh School staff member.

**Parents please note: This Activity has some element of risk being water based, please refer to the front section of this pamphlet for more information.**

### ★ Strength & Conditioning & Group Fitness - Unit 2 (Yr 11 Only)

If you are interested in working on an individual program to develop muscular endurance, strength and improve your overall muscle tone and fitness then this is the Activity for you. Throughout the unit you will develop your own personal fitness program focusing on your specific needs such as improved sporting performance, rehabilitation or specific fitness components, along with participation in group fitness classes.

### Theatre Making Activity - Unit 1 (Yrs 9-11)

Ms Saunders

Wanted... designers, film makers, costume creators, prop collectors, media advertisers....

In this Activity you will be involved in all things off stage.

- Poster design
- Media Marketing
- Costume creating/making/sourcing.
- Prop Listing/collecting
- Set design and painting
- Film making for footage used in the performance

This is a chance for a small crew of creative people to work on this year's School Production- Cosi.

## Community and School Partnerships and Leadership

### Brian Henderson Reserve – Units 1 & 2 (Yrs 7-11)

Dr Simpson

Are you interested in wildlife and the environment? Do you like being in the great outdoors? In this Activity you will support the day-to-day management of the Brian Henderson Reserve. You might feed the animals, contribute to enclosure set-up and maintenance, remove weeds, assist with pest animal control, plant new plants, collect bush foods, prepare animal meals, perform biodiversity surveys and carry out fence and track maintenance. We continue with the boardwalk in the East – plenty of building to be done. Some tasks may also be performed outside the boundaries of the Reserve. If the weather is too hot/cold, we meet in the Science building and can tend to the animals kept there.

**Closed-toe sturdy shoes and long pants required. Water bottle recommended.**

**Sunsmart applies.**

### Junior School Production Leadership - Unit 1 (Yr 11 Only)

If you have been involved in past productions and want to pass on your enthusiasm and experiences then this is the opportunity to take on a leadership role. **See or email Mr Barnes or Ms Turner to discuss prior to balloting.**

### Lead an Activity - Units 1 & 2 (Yr 11 Only)

**Prior experience is required.** If you have completed Activities in the past or feel confident to share a new idea, then this is the opportunity to take on a leadership role. You can select from one of Unit 1 or 2 Activities below to lead or work with a partner under staff supervision or to devise and develop your own innovative Activity to deliver for Unit 2 or Unit 3. Skills required are; confidence, communication, flexibility, thinking on your feet, leadership skills and organisation. **See or email Mr Azzopardi to discuss ideas and options before balloting. If you have prior experience in the Activities below you can put in a request via email;** Brian Henderson Reserve, Community Partnerships, Cross Country/Fitness Running, The Farm, SIS Swimming.

### Lead Hattah Activity - Unit 1 (Yr 11 Only)

If you want to share your Hattah experience and pass on the skills you learnt then this is the opportunity to take on a leadership role. **See or email Mr Peach to discuss prior to balloting.**

### Reserve Construction - Unit 1 (Yrs 7-11)

Mr Colcott

Here is one for the nature lovers who would like to learn a bit about construction.

Blending the areas of conservation and construction, The Reserve construction Activity group plan to spend their time in both the Reserve and Product Design Shed.

During this Activity we will:

- Complete the boardwalk that has been started in the Reserve
- Build some bridges and install them over stream crossings in the Reserve
- Help with housekeeping and maintenance in the Reserve and maintenance sheds
- Work with Doc to produce a plan and a timeline for the future of construction jobs in the Reserve

### The Woodleigh Farm and Environmental Sustainability Centre - Units 1 & 2 (Yrs 7-11)

Ms Janky

This Activity unit will be spent around the Woodleigh Farm. There will be many different tasks to be performed and lots of new skills to learn, from general animal husbandry through to training different animals including Seiba on the dog agility course. We will look at the animals we may want to breed and show, establish new vegetable patches, gardens and other spaces around the farm and develop any other ideas students may have.

**Closed-toe sturdy shoes and long pants required. Water bottle recommended.**

**Sunsmart applies.**